Killer Orgasms!

How
To
Have
The
Best
Sex
Humanly
Possible!



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I'm very proud of this book. It is explicit... without... being vulgar. It also provides information that will bring untold excitement and joy to millions of people.

I put some thought into what photographs I was going to include in this book. The first photograph appears on the outside cover. It's a photograph of my Costa Rican corazon and you can see more pictures of her by going to her website at www.SirianCostaRica.com.

It required more thought to figure out what picture of myself I should use in my book. What I decided is to use my favorite photo of all time of myself. It's a picture taken when I was experiencing *pure* joy. It shows me with another female I love with all my heart. It was taken at Bahaia State Park in the Florida Keys. I think you'll be able to tell by the expression on my face the sheer pleasure I was feeling as I was holding her in my arms for the very first time.

This photo is on the next page.

I think this book is going to be sold and read all over the world. I think it will be translated into many different languages. I've decided to donate all my royalties from the sale of this book to AIDS Research and those organizations dedicated to stomping out what I describe in my book as the "Fun Police".

GCH



Me holding my granddaughter for the very first time

Chapter 1

The "Fun Police"

This book is not being written for the average guy.

No, this book is being written for the above-average man... who... wants to have above-average sex (WAY-above-average) with one or more above-average women. I'm talking about what I call "killer" women.

Women who are drop-dead, good looking, intelligent, and have a sense of humor. Women who, if they are with the right man... will tremendously enjoy giving HIM the best sex of his life.

So, if you are a fat, broke, stupid loser (and you insist on staying that way)... and... you are hoping this book will give you some magic "voodoo words" which will make gorgeous women fall all over you, you are reading the wrong book.

On the other hand, if you are at least half-smart, this book is going to change your life forever. It's going to teach you how to get *so much* pleasure out of life, your only problem is going to be allowing yourself to enjoy all of it. Many men (including myself) somehow feel it's just "not right" for us to have all this fun. That's what we've been taught by our parents, our religious leaders, government, society in general, and all other members of what I call "The Fun Police". You know what I've got to say to all them?

"Fuck All You Fun Police...
I'm Going To Have The
Best Sex Humanly Possible...
Even If You Think I Don't Deserve It!"

If you feel the same way, you are going to *love* this book. It is going to give you a LOT more than you thought you were going to get.

First of all, you can't have sex with a killer woman... if... you don't have such a woman. And, for the average guy, these women are truly hard to find. But, this book is going to reveal unto you unique pockets of "target rich" environments of these choice women which very few men even know exist.

Then, after you learn how to find such a killer woman (you won't believe how easy it is once you know how) I am going to teach you three foolproof ways to meet as many of them as your little heart desires. I am going to teach you how to meet them in situations which are "set-ups". What I mean by that is, by meeting these women the way I teach you to meet them in this book,

they are going to be a little bit "hot" for you... *even before*... they have seen or spoken to you. Just wait until you learn about...

"Engineered Paradigm Shifts"...
And... "Endorphic Dumps"!

Trust me, you won't learn stuff like this *anywhere else!*

And, after you've met these killer women, I'm going to teach you how to make them "crazy" for you. Listen to what I say and you will have virtually NO competition. These women will have <u>never</u> met a man like you before... and... they will do almost anything to keep you in their lives.

By the way, this isn't going to be "bad stuff" or "manipulative tricks" I will be teaching you. No, it is more on the order of how to appreciate a woman like she has never been appreciated before. Believe me, she's going to feel like a goddess and she's going to treat YOU like a god for making her feel that way.

It's going to be a "win-win" situation for you... and... her.

What you read in this book is going to blow your mind and make you and your woman both frenzied with pleasure. I guarantee you are BOTH going to love it.

But first, just to get you "warmed up" and in a sexual mindset, I'm going to take a "sexual side trip" and answer a couple sexual questions for you... to which... nobody else has ever answered for you.

First, would you like to know how to tell if a woman is really "turned on"... or... if she is just faking it? Unfortunately, most men don't have a clue what "signals" a woman *can't stop* sending out... which.. always reveal the honest truth.

Here is a secret known by all world-class poker players: When someone sees something they like, the pupils of their eyes will enlarge in an *unconscious* effort to see more of what it is they find desirable. For example, in a game of five card stud, if a man has a queen as his "hole" card and is dealt a face-up card which is another queen, the pupils of his eyes will *instantly* enlarge. It is a psychological reaction... which... *no one can control.*

That's why most pictures of women which men find truly attractive show the women having

eyes which seem to be larger than average.

Conversely, when people see things they do not like, their pupils get smaller in an involuntary reaction to see less of it.

In other words, if you want to know if a woman is really turned on to you...

Look Into Her Eyes...
It's Impossible For Them To Lie!

How would you like to know if the woman you are having sex with is *really* having an orgasm... or... if she's just faking it? Well, you probably already know it's impossible to sneeze without closing your eyes. Many physiological reactions are just flat out automatic and beyond our control. That's what lie detectors measure, for example: Involuntary reactions such as sweating, blood pressure changes and heart palpitations which are things most of us (unless we are sociopaths) cannot manipulate.

What does all this have to do with whether a woman is faking her orgasm or not? It's simple...

It Is Impossible For A
Woman To Have An Orgasm
Without Curling Her Toes!

Just like it's impossible for you to sneeze without closing your eyes.

There are hundreds of other secrets like this you are going to learn in this book. More importantly, you are going to learn how to use these secrets to turn yourself into the best lover your woman has ever had.

But, first things first. As I said earlier, I think it's pretty much impossible to have great sex with a great woman if you don't have a woman. And, just in case you don't, I'm going to teach you three ways to meet and get yourself a great woman... and... I'll bet these are three ways nobody ever told you about before. They work so well, it's almost like they're magic. In Chapter Two you will learn the first of my three foolproof ways to meet more women than you can shake a stick at (no pun intended).

What are you waiting for dummy? Turn the page and start reading!

Chapter 2

How To Get A "Killer" Woman

Once upon a time, in another life, I met and began dating an exceptional and delightful young lady who lived in Santa Monica, California. At the time I met her, she was one of those women who was so pretty, it almost hurt your eyes to look at her face. She had an executive position with a company that produced custom-designed aquariums, a sparkling personality, a neat, sexy little body; a good sense of humor, many useful talents and skills... and... on top of all that... she was even a gourmet cook. Actually, all in all, to tell the truth, she was pretty much everything I ever wanted in a woman.

Or so I thought.

Unfortunately, my little Nicole (not her real name) also had a major problem with her self-esteem... and... over the next few years, I noticed she would never let things get "too good." In other words, what she would do was, whenever we got dangerously close to financial or emotional prosperity, she would find some way to trash everything so we could get back to that morbid level of existence where she knew "we belonged."

There are a lot of people like that, both women and men, aren't there?

Whatever. In any case, this was really frustrating and, finally, after putting up with this nonsense for a lengthy period of time, I couldn't hack it anymore and Nicole and I drifted apart and I started dating other women. At first, this was really exciting. However, after a while, it got to be seriously depressing. You see, the women I started dating all looked good on the outside... but... after I got to know them, many seemed to be mentally deranged, emotionally crippled, delirious with drugs, or perhaps, just plain airheaded.

So I went back to Nicole.

And I tried once again to make it work. I tried hard. No luck. Nicole still couldn't handle prosperity. Her inner miasma magnet was still in excellent working order and, once again, whenever things started getting too good, she would do something that would alter the course of our lives and head us right back in the direction of the nearest emotional swamp.

No good. After a few months, I once again gave up the struggle to make this contorted relationship work and, once again, Nicole and I split up.

But this time it was for keeps. I just couldn't bear the idea of ever getting back together with Nicole and cranking up the same old misery machine. I also couldn't bear the idea of dating another collection of women only to discover they were all losers, lame brains, or drug addicts.

So what did I do?

Very simple. I did without.

Yes, good friends, it is sad but true: For months and months and months poor old pitiful, feeling-sorry-for-himself, semi-handsome Gary never had a date. Not one. I filled my life with work. And watching TV reruns of "My Mother the Car." And going to movies. And taking long walks thinking semi-profound thoughts on the meaning of life. And so on.

Eventually, after starting work on a manuscript called *Gary's Guide To Creative Sexual Abstinence*... and... after finding myself slaving over a chapter titled "14 Fun Things To Do With Rutabaga", I knew I was losing it. I knew I had to do something to change the direction of my life or else I was going to go crazy.

So guess what? I wrote an ad. It was a full-page ad that ran in a newspaper in Los Angeles called *"The L.A. Weekly"*. The ad is too big for me to show you a picture of it here and for you to still be able to read it. So what I'm going to do is just reproduce the text of that ad in this chapter so you will easily be able to read what that ad had to say. Here it is:

Are you more than just another pretty face?

Generous, Creative Business-man Wants To Find A Hot, Sexy Woman With A Good Sense Of Humor

Are you a soft, sexy, exciting lady who would like to have a little taste of part-time paradise?

If so, read on.

My name is Gary and I am looking for a very special woman who would like to share a few small (but exciting!) adventures with me and who wants to enjoy a part-time slice of the good life. Are you that woman? Maybe. Maybe not. The first thing it depends on is me. You see, if I'm not your kind of guy, then what I have to offer may not be your idea of how life should be lived.

So let's start with me. Here's what my life is like. First of all, I'm an early riser. I usually get up around 6 a.m. and eat a piece of fruit and drink a cup of coffee, and then, on most days, by 6:30 a.m. I'm jogging around Lake Hollywood. How far I run depends on how good I feel. It's never less than three miles and seldom more than seven. When I'm finished, I get into my car and drive to a place I call "The House of Pain" (actually the sign outside says "Vince's Gym") where a stone-age sadist who masquerades as a fitness instructor forces me to use dumbbells, barbells, and other fiendish contraptions in ways for which my body was not designed.

Whatever. After about an hour of this, I travel to yet another establishment where I give my tired, hurting body a chance to recover while I rest upon a UVA suntan bed and listen to soothing music (usually Rod Stewart or Jimmy Buffet) on a pair of stereo headphones.

By the time I am finished, it is approximately 9:45 a.m. and what I do next is go home, shower, change into fresh clothes and eat a light breakfast.

Finally, after all this, I go to work.

And boy, do I ever work! I love what I do for a living, and, I must confess, I am truly a workaholic. For example, right now I am attempting to put together the financial and promotional packages for 10 different feature films. I am writing two books (one fiction and one non-fiction). I am collaborating on a screenplay and I am attending to the details of two businesses I own personally, and also, to the business details of several corporate and personal clients whose names are household words.

It's quite a workload.

And what do I do after I stop working? What is my big reward for all

this running and grunting and pumping iron and stretching and straining and writing and thinking and solving and creating and caring and so on?

Nothing, that's what! Nada. Zip. Not doodley squat. No "Miller Time!" No drugs. No sex. No rock and roll.

Not even a little wine and some quiet classical music.

Why? The answer is simple. You see, for the last 3-1/2 months, I have been spending my evenings and weekends on a marathon of non-stop sulking.

Why have I been sulking? Good question. And, once again, the answer is simple. You see, up until 3-1/2 months ago, my "Miller Time" was terrific. It was terrific because there was a very beautiful, very erotic, very special lady in my life and we were in a relationship I thought would last forever. But, that relationship has ended. It has ended stupidly, tragically, and for insane reasons totally beyond the ability of any human to control.

Well, such is life. But what's done is done and 3-1/2 months' worth of sulking is more than enough for anyone and now it is time for me to climb up out of my sulk and find myself another special woman.

So why write an ad? Why do I have to *advertise* for a woman? Am I some kind of geek with two heads and bad breath?

No, I am not. I'm a reasonably attractive (maybe even semi-handsome?) caucasian male in his mid-forties with a sparkling personality (except when I'm sulking), a keen wit, a steady hand, and a clear eye. I've got a good tan, dark brown hair and a short, neatly trimmed dark brown beard with a couple of "interesting" spots of grey. I am of average size. Not short, not tall; not fat, not skinny. I'm in excellent health. I'm not hurting for money and I can look any maitre d' in the country right square in the eye without flinching.

So once again, why do I have to advertise to get a woman? Well, actually, I don't. I've been married twice. I've had a few other serious relationships and, of course, my share of one-night stands and short-term romances. I've enjoyed the company of a few really outstanding ladies and

I want to do so again.

But you know what else? I've also met many ladies who were not so outstanding. In fact, I've met more than a few women who, although they had great exteriors, they were, on the inside, *flat out bummers!*

Want some examples? You do? OK, you asked for it. Try these out for size.

Zelda The Princess. Zelda is a 26-year-old Jewish lady who waltzed into my office and immediately informed me (before I even had a chance to say hello) she wanted me to write an ad for her and she wanted to go to bed with me.

Well, what the hell, on some days I'm a pushover. She got what she wanted and I must admit, she gave me one of the most thorough screwings I've ever had in my life.

Unfortunately, it didn't happen in bed.

And, what happened in bed was unfortunate also. You see, Zelda's idea of good sex is brutality. She wants a man who will slap her around, degrade and humiliate her and, quite literally, bounce her off the walls.

Sorry, but that's not for me. I like to make love with a woman, not war.

Sherry The Tragic. Sherry was a secretary and a go-go dancer. Great body, a very pretty face and a good sense of humor. Unfortunately, she was also a "walking accident" looking for a place to happen. She was always in court on charges relating to neglecting her four-year-old daughter and her ex-boyfriend was a Mafia hit man (true) who wanted her back and was trying to find her.

We had a *very brief* affair.

Karen The "Would-Be" Prostitute. A gorgeous woman who, after our affair got going, confessed to me she wanted to live her life as a hooker. Then she informed me she wanted me to be her first "John" and I should

start paying her for sex. When I refused, she decided I would be her lord and master (pimp) and she would have sex with other men and make them pay and then give the money to me.

This also was a *very brief* affair.

Claudia The Actress. Sensational looks. A real traffic stopper. I used her in a few full-page ads and I created a perfume promotion based around her. We started hanging out with each other and I was the envy of all the men who saw us together.

Except me. I wasn't envious of me at all. Claudia had a terminal case of tunnel vision. The only thing she could focus on whatsoever for more than 10-seconds was her precious career.

She was deadly dull. I couldn't sustain enough interest in her to even take her to bed.

I could go on and on. All of these examples (except for the names) are true. They have not been made up. In fact, they have been *toned down!*

And so far, I haven't even described what I consider the *worst* category of women at all.

These are women who, in my opinion, might actually be clinically crazy. You want to know how I can tell? It's easy. You see, these are all the women who do not have any of the drawbacks that turn me off, and who, for some inexplicable reason, are not interested in me.

Can you imagine that?

What do I want in a woman? Well, I've got a pretty good idea but I am I must admit, quite flexible. However, I have a *very clear* idea of what I *don't* want and it is here I am *not* flexible at all. So let's start with that. Here then are...

7 Things Gary Does
***NOT* Want From A Woman!**

#1. **DEATH OR DISEASE**. This is my number one no-no. Listen, I've never had sex with a gay man, a bi-sexual man, a transsexual man or any kind of man at all. I hardly ever go near Santa Monica Boulevard and, when I do the only place I ever stop is Barney's Beanery.

And, even then, I never eat quiche.

In other words, I'm straight. Also, I'm not a hemophiliac. I've never had a blood transfusion. I'm not a junkie and I never stick needles into my body. I'm not promiscuous. I don't mess around with prostitutes (I tried it years ago and it was boring), and I've never even been close to Africa or Haiti.

What this means, of course, is with any kind of luck at all (knock on wood) I do not have AIDS. Also, to my knowledge, I do not have any other type of dreadful communicable disease including syphilis, gonorrhea, herpes, hepatitis, or even the bubonic plague.

If you can't say the same, *please, please* do NOT respond to this ad.

#2. DRUG DRAMAS. Do you like to drink a little or get a little high once in a while so you can loosen up and party down? You do? Good! That means you and I can have some fun. But please... read that first sentence again. See where it says "a little" and "every once in a while"? Those words are important to me. Therefore, if *your* idea of "a little" and "every once in a while" is to get drunk or stoned every day, if the way you like to use cocaine is by freebasing or injecting it, if you gulp down Valium or Quaaludes by the fistful, if you use PCP or heroin in any way, shape or form, then I must, once again, ask you to please NOT answer this ad.

#3. DESPERATE DILEMMAS. Are you sleeping in your car because your rent is six months overdue? Is your ex-husband a hatchet murderer who is trying to track you down and who swears to mutilate any man who so much as looks at you? Are you in desperate need of fast money because your poor old mother needs a kidney transplant in order to keep on living?

I'm sorry. I really am. But I'm just an ordinary everyday nice guy. I'm not Superman or even Lee Ioaccoa. I'm very compassionate and very

understanding but I have recently retired from trying to save the world.

Therefore, I'm not qualified to save your life. However, if you will let me, I might be able to enhance it by adding to it some excitement and romance.

#4. MARRIAGE. I've been married twice and, both times it spoiled a great romance. I don't want to get married again and I don't want to live with you either. You see, at this point in my life, I don't want to *own* a woman. I just want to *enjoy* one.

It would be nice if you decide to answer this ad, if you already have some sort of life of your own. I don't want to be your everything. I would much rather be that special somebody who you see two or three times a week and who makes you feel good.

Would that be OK?

#5. I DON'T WANT A SEXUAL SWINGER. Do you spend your evenings attending orgies at the A-Frame? Do you have a lifetime membership at Plato's? Do you refuse to call yourself a prostitute even though you run a credit check on every man you meet before you go to bed with him? Do you have a time clock in your panties and a cash register in your bra?

Sorry, we're not compatible.

You know, even though I've been married and I've been around, I feel that by Southern California standards, I'm almost a virgin. For example, someone told me recently Hugh Hefner has been to bed with more than 3,000 women.

Could that be true? I don't know but, if it is, he is in my opinion, a man to be pitied, not to be envied.

I'll take quality over quantity any day.

#6. I DON'T WANT A SEXUAL PRUDE. I bet by now you think I'm

repressed, don't you? I bet you think the hot throb of lust does not live in my loins. I bet you think if you and Kelly LeBrock showed up at my door with a suitcase full of excitement from Trashy Lingerie (they're located at 402 N. La Cienga and they've got the hottest stuff in town!) and suggested we have a menage a trois I would toss you both out on your ear and report you to Jerry Falwell.

You are wrong. You are wrong. You are wrong. You are wrong.

Fear not. I may be cautious but I'm *not* crazy.

Hark unto me. Listen. Just because I'm not into freebasing, orgies and non-stop promiscuity doesn't mean I'm dead. It's true I don't want a woman who's been sleeping with everything in pants. However on the other hand, if you are a 35-year-old virgin who thinks foreplay should be 1/2 hour of begging and "oral sex" is the name of a disgusting new group of punk rockers then, you may rest assured, our stars were simply not meant to cross.

#7. I DON'T WANT A WOMAN WHO CAN'T STAND PROSPERITY. Don't laugh. I lost the love of my life because things got "too good." Some people are into the struggle and not the reward.

I'm into both. As you already know, I like to work but work without reward is senseless. It seems to me many women (and men) just insist on filling up their lives with a lot of needless trauma.

Not me. I want the payoff along with the pain. Therefore...

"If you don't want the good
And just want the bad,
Don't waste your time
By answering this ad!"

Good Lord, that was corny, wasn't it?

Well, anyway, that's my laundry list of what I don't want and in fact,

what I can't handle. Now comes the hard part. I really feel awkward about saying what I *do* want. I'm afraid if I get too explicit it will seem like I'm an insensitive clod ordering something from a Chinese menu.

On the other hand, if I don't set down *some* guidelines, I'm afraid this ad will be answered by many women with whom I would not be at all compatible.

So please, give me a break. I'm not nearly as definite about what I am about to write as it will appear in print. Remember, what I am about to write is *not* etched in stone.

Anyway, here I go. My idea of a perfect woman is someone who is intelligent and healthy with a good sense of humor and someone who will *take my breath away* when I see her in a string bikini!

As far as age is concerned, if you are somewhere between 25 and 35 that would be just fine and, if you are a little younger or a little older, that is probably no big deal.

I like women who take care of themselves. If you have a slender, healthy body, a reasonably slim waist, rather generous breasts (God that sounds redneck, doesn't it?), a very pretty face and a good sense of humor then quite frankly, you sound like *heaven* to me!

So much for specifications.

And now if after all this, you are still interested, what can you *expect* from me? Well, the first word in the headline of this ad is "Generous" and I am just that. However, generous does not mean "chump." It also doesn't mean I want to pay for sex. That's ridiculous. Any man in L.A. who wants to pay for sex doesn't have to write an ad, all he has to do is *answer* one. Those ads are all over, even in the yellow pages.

Here's what I mean by generous. I love to buy presents for women. I like to take them to movies and plays and I love to send flowers and buy them jewelry and clothes and, if I really get involved with a woman, I rather enjoy helping to support her and helping her to elevate her lifestyle.

Also, I give great vacations. I love to travel for long weekends (four

days or so) to Acapulco, Hawaii, Fort Lauderdale, the Bahamas, and so on. I only fly first class and I try to always stay in the best hotels and eat in the best restaurants.

Does any of this sound good to you? I hope so. This is an honest ad. Every word is true and although I've made a modest attempt to make it entertaining, you should also know I am sincere.

Are you leery about answering a personal ad? I don't blame you. I sure am. Before I decided to write this ad I started reading other "personal ads" and they scare the hell out of me. I'm always afraid they are being written by sexually sick people or real losers and sometimes by people who are downright dangerous.

I mean have you read those ads? They go like this:

> "Psychotic white woman wants to be sodomized by 12 cuban truck drivers and a boa constrictor while husband watches and salivates."

Or like this:

> "96-year-old lady with youthful outlook wants to meet vegetarian non-smoker to discuss saving the whales and other ecological concerns."

Or:

> "Pleasingly plump 590 pound woman wants to meet sincere fun loving man to care for her and her lovely 18 children."

And so on.

I'm not like that. Really, I'm not. I promise. I'm a reasonably normal healthy male who would like to add a little excitement and romance to his life with a reasonably normal, healthy female.

If you are at all interested or even curious, please write and tell me

about yourself and how to get in touch with you and, also, please send a recent full length photo.

Who knows. Maybe we'll click and maybe we won't. But, at the very least, you won't be writing to some sick psychotic and maybe, just maybe, it will all turn out great.

Just write to:

Gary
Box 208
8033 Sunset Blvd.
Los Angeles, CA 90046

Thank you for your support. (NOTE: That address is no longer valid.)

O.K., have you finished reading the ad? I want to issue a word of caution: You were probably amused by that particular ad. That's fine. However, do not deceive yourself: Just because it had some "entertainment value" doesn't mean the ad was not dead serious. That ad was, without question the most "serious" thing I've ever written. Think about it: Other than your health, what in the world could conceivably be more important than finding the ideal mate with whom to spend the rest of your life?

Later in this chapter, I'm going to go into a somewhat "clinical" discussion of why that ad was so successful. But first, I want to tell you just *how* successful it was in order for you to fully appreciate just how important (and rewarding) it can be for *you* to get all the elements of *your* ad just right.

So, how successful was that ad? Gosh, I thought you'd never ask!

1) **It was featured on L.A.'s largest radio station (KABC) five times.**

2) I received two offers to write a book about the ad.

3) **I received two offers to make a movie about the ad.**

4) I met, as a result of this ad, and dated the absolute hottest women in Los Angeles.

5) **And, after tiring of the activities mentioned in Item #4, I met (once again, because of this ad) a gorgeous, wonderful redhead who became the love of my life (at least in my opinion at that time) the finest woman on planet earth.**

6) I was asked to give a TV interview about the ad in L.A. on channel 9.

7) **And finally, I was offered serious money to write another ad about the ad you just read!**

So, friends and neighbors, if I've got your attention, I now want to dissect the elements that made this ad such a great success and which must be present in *your* ad if it is destined to be a truly spectacular winner. Here are a few comments about some of those elements:

PASSION: Most stuff is written by people who do not appear to be excited about what they are writing. I'll never forget a certain insight I got out of a book called *"The Writer's Handbook"* which I read many years ago. To-wit: "Most writers think their writing is far too dramatic when, in fact, it is not nearly dramatic enough."

As a great advertising man (Claude Hopkins) once pointed out: "People will not be bored in print!"

Therefore, when you write your personal ad... go for it, damn it! Let your excitement and enthusiasm spill out all over the page. Don't hold back. Put that pen to the page and RAVE about your virtues! This is not the time for you to be modest. But it *is* the time for you to be accurate and tell the truth.

I don't care what woman is reading your ad. She will respond to passion. Passion is the #1 most-missing ingredient in people today. Everybody seems to be more concerned about offending a few losers... than... **impressing a multitude of winners**.

Listen: When you write your personal ad, you should never lie, never exaggerate,

never use poor taste, never be vulgar, and never insult your reader's intelligence. On the other hand, don't worry so much about offending everybody... but instead... do worry more about "selling" yourself.

You know, there were a lot of fat, ugly, "loser" women who did NOT like my ad... but... boy oh boy, you should have seen the ones who DID like it. You see, when I wrote that ad, I...

Concentrated On Selling The "Foxes"
And Didn't Worry About Offending The "Dogs"!

And my friend, that's the mindset you must have when you write your own personal ad.

DETAIL: Hardly anybody puts enough detail into what they write. Remember this: Women who are not interested in finding a man, won't want to know anything about you. BUT, women who are interested in finding a man, will want to know *everything!*

TRUTH ABOUT FLAWS: All products and services have defects. So do people. All of us are flawed. (Even me.) When I wrote my personal ad, I didn't say I was 6'4", did I? I didn't say I was "superstud", did I? I revealed a lot of stuff which made it very clear I am a very imperfect human being, didn't I? Well, you know what? When you admit to (and describe) your shortcomings, it makes you more believable when you talk up your good points... doesn't it?

Face it: You also are a person who has flaws.

Admit them.

CLARITY: The hallmark of all good communication is clarity. You do not necessarily achieve clarity by throwing in a lot of details and being specific. Some communications of today are very detailed and very specific... and yet... are not clear. (And remember, *your* personal ad MUST be detailed and specific.) So, how do you write details and specifics... and still achieve clarity?

Clarity is achieved by writing in an idiom in which your audience is conditioned to understand. Most people write as though they could never guess what most of the people in America understand... which is...

Everyday English!

Phrases like: Sick as a dog. Fat as a hog. Poor as a churchmouse. Pretty as a picture. Slow as molasses in January. Dumb as an ox. Hot as a firecracker. Crazy as a bed bug. Out of the

frying pan and into the fire. And so on.

Maybe those phrases aren't original; maybe they aren't creative, but...

They Sure As Hell
Are Clear As A Bell,
Aren't They?

Here's an important little trick: After you've written your personal ad, read it out loud. By doing so, you will discover those little glitches and bottlenecks that slow down or stop the flow of your message.

OK, before I end this chapter, I want to make a few personal observations about my ad... and... how it changed my life. First and most importantly, I met a wonderful woman with whom I spent seven incredible years. Toward the end of those seven years, for personal reasons (hers were religious) we started going in different directions. Eventually, we severed our relationship.

Believe it or not, she's now living outside the United States and is married to an Episcopalian priest. But, I will always cherish the time I had with her... and... she'll always own a piece of my heart. I have nothing but good wishes for the happiness of her and her husband.

The point is though, the ad worked like gangbusters! You can create your own version of an ad like that... and you too... can select from the women who answer your ad. And, I guarantee those women will represent...

The Cream Of The Crop!

Here's another interesting fact about that ad: It was a full-page ad that appeared in a publication called *"L.A. Weekly"*. There are similar publications in just about every major city in the United States. And they are excellent for running this type ad.

Another thing is, running a full-page ad demonstrates you consider the need to find the right woman to share your life with of major importance. This type of ad is very different from the "normal" very short personal ads you'll find in hundreds of printed publications and all over the Internet.

This is a big, detailed ad that told exactly what I was like, and exactly what I was looking for. It cost me $700 to run that ad. Does that seem like a lot of money to you? If so, you're

crazy! Running an ad like that puts some "science" in your search and gets the job done for you very quickly.

The way most men find a woman is by random chance... and... believe me, the process costs way more than $700... and... the results, very often, are very dismal.

Now let's move on to yet another way to find a hot woman.

Chapter 3

For Men Who Just Want To Get Laid

Let us suppose you are not looking for a woman to spend the rest of your life with. Let us further suppose you are not even looking for a serious relationship. Let us consider you may not be looking for your perfect soul mate. Let us think of you as one of those "evil doers" the "Fun Police" despise... because...

You Just Want To Get Laid!

Can I help you with that? Does a bear shit in the woods? Is the Pope Catholic? You bet your ass I can help you.

I'm now going to give you a major trick for getting laid I bet no one else has ever revealed to you... and... you yourself have never thought about.

Here then is the easiest way (outside of simply hiring a hooker) to get laid in the United States of America

You've heard of the Chippendale Dancers, haven't you? Well, the Chippendale Dancers (or organizations of male dancers like them) can be found in almost every metropolitan area of the United States.

While the male dancers/strippers are performing, other men are not allowed to enter the club or be in the audience. It's women only. And those women GO WILD!

Have you ever seen a bunch of men getting loud and enthusiastic at a titty bar or strip club? Well, compared to how *women* act when *they* watch male dancers... men watching women perform erotically are like a bunch of Japanese wearing white gloves clapping politely for a good piano concerto. In other words... when women decide to let their hair down and go watch an erotic performance by male dancers...

They Go Hog Wild!

Now usually the deal is, after the male dancers are finished their performance, then other men are allowed to enter the club. And by that time, the male strippers have gotten the women so worked up, they pretty much have done all the foreplay for you. These dancers seldom have sex with any of the women from the audience. They're just like female erotic performers: They're not interested in having sex with their audience... they're mostly interested in extracting as

much money from them as they can. Besides that, the truth is, a lot of these male dancers are not interested in their audience simply because they're gay.

Now imagine this situation: A woman has just watched a couple of hours of an erotic male performance by some of the best looking hunks she's ever seen. And don't forget... she's probably been drinking the whole time. She's hot, wet, wild, and her inhibitions have flown out the window. In other words...

She's Raring To Go!

And, along comes a nice, civic-minded gentleman (like you) to help her out of this dilemma.

Believe it or not, sometimes these women are so hot and excited, they're ready to jump the first set of bones they lay eyes on. And where are these "first set of bones"? Patiently waiting right outside the door of the club. And where do these hot, excited women want to have sex? The first place they can. And where's the first place they can? Your car sitting right there in the parking lot!

Hey, if you want a sure way to sell a lot of food, go to wherever it is where there are a lot of people half starved because they haven't eaten for a day and a half. By the same token, if all you want is to get laid, doesn't it make sense you should simply go to the place nearest you with the highest concentration of hot, horny women who are *eager to have sex*... because... they've just been sexually excited out of their minds by a group of gorgeous men? A group of men who are truly experts at getting women excited and then leaving them frustrated?

Just think about it. I've just given you a secret that can dramatically increase your sex life... while... at the same time... you are performing a public service for desperate, needy, attractive women.

Do I have any more secrets? Yep. And I've saved the best way to find a hot, killer woman for last. You can read about it in Chapter 4.

Chapter 4

Another Way To Get A "Killer" Woman

This is my #1 suggestion for a man who wants to meet a great woman with whom he can have incredible sex... and... it's also my best suggestion for any man who wants to meet a great woman with whom he can share the rest of his life... and still have incredible sex.

First, I have to make a confession: I'm not much of a fan of American women. In fact, when it comes to American women, I'm pretty much a full-blown misogynist. There are some wonderful exceptions but, for the most part, American women are fat, out-of-shape, toxic and unappreciative. You know why I think so many American women have turned out this way? It's because of...

American Men!

For the most part, American men aren't prizes either. On the average, they're also fat, out-of-shape, inattentive, pathetically inept lovers, and men who simply don't deserve a killer woman.

Don't get me wrong. I love the United States. But, I think it is very sad the way so many of our citizens have allowed themselves to deteriorate into fat, toxic, unattractive, "I'm entitled" people.

I'm going to tell you a little secret that's almost unbelievable... but... I swear it's true. Every man I've ever talked with who has spent a month or so in Costa Rica would never even think about buying another American woman something so simple as even a cup of coffee. I'm not making this up. It's just the plain, flat out truth. Why has this happened?

Well, for starters, the average dress size of a Costa Rican woman is 6. The average dress size of an American woman is 13.

Costa Rican women are friendly, cheerful, sexy, erotic... but... their most outstanding characteristic is so astounding, it almost gives a heart attack to American men who encounter it for the first time. Can you guess what it is? Ahh, don't worry, I'll tell you. It is:

They Are Appreciative!

If a man is just civil and nice to a Costa Rican woman (maybe even going to the "extent" of buying her a decent dinner) she will treat him very differently than an American woman would treat him. And, if "that nice, civil man" is you, you'll start thinking you must have landed on another planet... or... perhaps you have died and gone to heaven!

You may or may not know it but, I write a newsletter and you can find it on the Internet at

www.TheGaryHalbertLetter.com. In one issue of my newsletter, I wrote about how I had made a trip to Costa Rica and found the love of my life. I'm going to reproduce an edited version of that newsletter at the end of this book to help give you an idea of what I'm talking about.

But wait. Costa Rica is not the only place to find great women outside the U.S. You may not know it but Brazilian women are honestly and truly sex-craved. I think it's something in the water. When Pfitzer first came out with Viagra it was legal in Brazil... but... the company hadn't yet been able to produce enough to export it to Brazil. So, the Brazilians were smuggling this legal drug into their country by the truckloads. When asked about this, a high ranking member of the Brazilian government (a woman) made this comment, *"What can I say? We are a country where everybody is obsessed about sex. We can't help it. And, we will do anything we can to enhance our sexual experiences."*

Before I met Sirian or ever traveled to Costa Rica, I had earlier made a trip to Brazil. I have never seen females like those Brazilian women. They are beautiful, slender, and have by far, the best asses in the world. In fact, among Brazilian women there is literally an "ass fetish". They'll do everything humanly possible to make their asses (and the rest of their bodies) sexually attractive. There are more plastic surgeons (the best ones in the world) per capita in Rio de Janeiro than anyplace else.

I have a few tips for any of you who are interested in traveling to either Costa Rica or Brazil.

If you go to Brazil, either stay at a hotel in the Ipanema or Copacabana sections of Rio de Janeiro. Go to the Meia Pataca restaurant where you can eat either inside or outside at the tables they have set up under tents on the sidewalk. That's where you'll want to go to find other Americans who have discovered this secret. It's in the Copacabana section which also has the largest nightclub in South America, called "Help". This nightclub is about four stories high. It's huge and packed with the most beautiful, dressed-to-kill women I've ever seen. These women, by the way, outnumber the available men by a factor of 4 or 5 to 1.

If you decide to go to Costa Rica, my suggestion is you book yourself for a few days at the Del Rey Hotel in downtown San Jose. Then, after you've had enough of the *really* easy pickings, start cruising the malls and shops. Talk to the women you meet. They'll be very friendly towards you. And I guarantee (unless, of course, you're the human equivalent of pond scum)...

You Will Enjoy Your Visits!

I think there are several other countries also great for an American man to visit. But since I'm very happy to be monogamous with Sirian, I haven't done much research on other countries. However, there is a website on the Internet that gives very explicit details on the "women situation" in every country on the face of the earth. It's **www.TSMTravel.com**. Go to that website and spend a few bucks and become a member. You'll find it to be a very worthwhile investment.

By the way, I don't know who owns that website and it doesn't matter. I am NOT getting a dime for suggesting you go there. As a matter of fact, it will be a surprise to the owner of that website that I recommended it as an invaluable resource... just as it was a surprise to you. Why? Because they likewise won't know about my recommending them until it has been printed in this book.

In short, my #1 piece of advice for American men looking to dramatically increase the quality of their sex lives is...

Get Out Of The U.S.!

At least for a while.

OK, now that you know where to go to find and meet women, let's move on to Chapter 5 so I can teach you a few secrets of how to enjoy these women you will be meeting (thanks to your wonderful new friend, Sir Gary of Halbert).

Chapter 5

Interesting Facts About Sex

What I'm going to do in this chapter is start giving you a random, somewhat unorganized collection of facts about sex. Just sit back and let your mind soak up all this information and material.

Don't worry about the significance of this material or what you need to do with this information. Later in this book, I'm going to tie all this together to give you a step-by-step "action plan" for having incredible sex. But, for now, just sit back, relax and allow yourself to enjoy these interesting facts.

Prozac and Zoloft

Almost no one... *not even doctors*... understands the startling sexual implications of these drugs.

Prozac and Zoloft are the two most popular anti-depressants sold in the United States. Many people who take them "cycle" them. What I mean by that is, they take these medications for a certain period of time... then stop taking them for a period of time... and then restart taking them again.

People who are manic-depressive know when they are in the depressive state, they are not much fun to be around. They also know *other* manic-depressives are not much fun to be around either when they are in their own depressive state.

Naturally, people want to be in a good mood when they are having sex... and... they want their partners to be in a good mood also. So, many people who are planning to have a sexual encounter with someone taking Prozac or Zoloft want to know the other person is taking their anti-depressants when they get together with them. Why?Because if they are in the part of the cycle when they are *not* taking their medicine, they are likely to be in a bad mood. No fun in that.

Unfortunately, both Prozac and Zoloft have sexual side effects. As far as Prozac is concerned, it makes it almost impossible for a man to get an erection. As far as Zoloft is concerned, you can get rock-hard erections which last for hours but, it will be very difficult for you to climax. Another anti-depressant drug, Wellbutrin, has neither of these side effects. But, it doesn't work for many people because it tends to make them jumpy and irritable and "amps them up" in an unpleasant way. I'll write more about how to overcome these sexual side effects later in this book.

The single biggest sexual complaint WOMEN have about men!

You might not believe this but, it is true. Women complain about a man having unclean hands and unmanicured fingernails more than anything else! Women are disgusted by the idea of a man touching them intimately with dirty hands and/or ragged and unmanicured fingernails.

Why the hands? Because the hands are a *vital* part of a good sexual experience. If you have manly "car mechanic" hands... fine... just make sure you keep them clean. If you have the hands of a wizard or high priest... even better... since they'll be soft and tender and clean.

When a woman is turned on, she wants to kiss your hands... and... she wants to suck your fingers. Make sure your hands are attractive to her.

I'd recommend you see for yourself just how sexy hands can be. Watch the movie "Don Juan DeMarco". Note the scene where Johnny Depp is kissing HER hands. If you care for your own hands with a little planning and training, you can have her kissing your hands. In fact, take this thought as a lesson to make things "spicy".

See if you can get her to kiss your hands and suck your fingers in a sexy way. Use it as a "reward" for her good behavior. *"Darling... if you're good to me... I'll let you kiss my hands... and suck my fingers..."* type-of-thing.

Once you have mastered the art of getting her to affectionately kiss your hands and passionately suck your fingers, you can move on to a more pleasurable part of your body... again... keeping it as a "reward" for her good behavior.

It's not that *you* want it... NO... it's just that you must assume she wants it... and... you're allowing her to do these luscious things.

The single biggest sexual complaint MEN have about women!

This one is very simple: Men want women to be enthusiastic about having sex. Men’s biggest complaint is their sexual partners seem to be "enduring" their sexual activities as opposed to actually enjoying them.

Again… if you treat sex as a reward for yourself… it will be denied you. Instead… make sex as a reward for her good behavior. Tease her. Give it to her… then take it away.

Plant ideas in her head.

If you want her to be more aggressive… be suggestive.

Tease.

Tell her what's going to happen.

For example: *"Sweetheart, tomorrow night, I'm going to gently bite your legs all over… gently… for twenty minutes… maybe thirty minutes. Gently. Be prepared."* This will hit her subconscious mind like a truck. She will be bumping into walls until the next night.

If you plant these ideas into her subconscious and she does not act more aggressive, at least she will be more responsive to you.

A secret almost nobody (except a few, elite, very wealthy people) know about... which can lead to... a male having multiple orgasms!

This secret was discovered by accident. Listen to what one of my researchers contributed.

"My girlfriend, Rebecca, did not want me to come in her mouth. But she loved to make love to me. I would go down on her all the time. But she would only go down on me in a partial way."

"As soon as I got close to coming she would stop and finish me by hand. Little by little she would bring me closer and closer to orgasm before pulling back and finishing the job by hand."

"Finally after a year of being my lover she accidentally let me come in her mouth. But the next time… she brought me almost to the brink of the edge… and again she pulled away. I came. But not quite. I felt I had another one in me."

"I asked her to suck on me some more… and she did. I came a second time. Now I hope she stops right before I come every time so that I can come… then come again. It is amazing to

have multiple orgasms."

A special place (and a special way) to touch a woman to guarantee mind-altering sex! (This technique is so simple... and... so little-known... even 75% of all women don't know about it.)

The way to make your woman have a mind-altering orgasm takes about 40 to 50 minutes. Get her relaxed. Kiss. Slowly take her clothes off. At the same time take your clothes off.

You don't want her to be naked unless you are just as naked as she is. When you remove her shirt, remove your shirt. This is part of it. If you take all her clothes off… while you're still dressed, she'll feel there's some kind of imbalance, some kind of dishonesty, some kind of disadvantage to her. So, be as naked as she is.

Then, lay her on her stomach. Massage her back. Not for relaxation. Not deeply. Instead massage it for sensuousness. After that, move on and massage her legs. The back of her legs. Use your fingertips. Use your fingernails gently.

After some 10 to 15 minutes, turn her over… massage her breasts. All the breast. Not just the nipples. Devote time… lots of slow time to loving her breasts. Put your arm under her neck. Rub her breasts. Watch her hips. Her hips are a key to your timing.

Before you see her hips move up… listen to her breath. After rubbing her breasts while your arm is around her neck/shoulders you will probably hear her breath quicken. Maybe… maybe... it's time to move your hand down below her breasts… rubbing her tummy, gently.

Then rub the top of her thighs and let your hand gently, *very gently* touch her pussy hair. Let her pussy feel the warmth of your hand. Don't touch her pussy just yet. Just let her feel the warmth of your hand.

When you see her hips rise up to greet your hand, then you may gently lay your hand on her pussy. Then, push your hand gently all the way to her anus. Let her feel the warmth of it. Then gently slide your hand back up to her pussy dragging your fingers in such a way as to pull some of the wetness with you.

Let the wetness drench your fingers as your first finger and middle finger slide to either side

of her clit. Next, gently rub her clit for just a moment with both fingers on either side of it.

Just for a moment.

The goal here is to give her a mind-blowing experience.

After a moment or two slide your finger inside her. You're looking to rub her g-spot for some 30 to 45 minutes or more. After a few moments of rubbing her g-spot with one finger, slide two fingers in.

With two fingers feel the wetness. Rub the g-spot. Use as much pressure on the g-spot as you would when you write your name on a foggy bathroom mirror. Rub it in circles. Rub it up and down. Rub it left and right.

Watch her responses.

See which movement pleases her the most. Keep it going. Rubbing. Rubbing. For a long time… with your arm around her. Whisper reassurances in her ear. Things like *"I've got you."*

As you're rubbing her g-spot, you'll begin to feel a different kind of wetness inside her pussy. At the beginning, the wetness is a little thick. The viscosity is thicker. Pay attention. As you bring her closer and closer to this mind-blowing experience… the wetness will get thinner. More watery.

The moisture will build up. It will take about 30 minutes of this gentle rubbing to bring her to a mind-blowing orgasm with just your finger and your arm around her neck, gently matching her breath.

Her orgasm after this gently flicking of her g-spot for some 30 to 45 minutes will be so hard… so overwhelming… it may scare her. That's why you need your arm around her neck.

Reassure her it's ok to feel this good. Her orgasm from this type of approach… slow… relaxing… will be so powerful many, many women will actually squirt out their pussy juices. Sometimes they will squirt 10 to 12 inches away. Yes, it's true, they will "ejaculate" just like a man.

If you bring your woman to this type of orgasm...

She Will Be Yours...
And Yours Alone!

The two almost unknown secrets (one mental, one physical) men need to know to have rock-hard erections... at any age! (These are crucial secrets to improving a man's sex life forever.)

Let's talk about the mental secret first.

Everyone has a secret white-hot fantasy. Most men feel guilty about having this fantasy while they are having sex with their partner. But men should not feel guilty about this since it is not a betrayal, but rather, a "tool" a man can use to help him perform better.

Use fantasies to enjoy sex with your woman. Get her to dress up like a nurse… or school girl… or cop… or whatever is your fantasy. If she's not willing to go along with your role play… the fantasy can still go on in your head.

My fantasy has sometimes been someone else. But sometimes my "fantasy" has been as simple as imagining my woman really loves going down on me and she's enjoying it. I know it's not her favorite thing. She'll go down on me… but it sometimes helps if I say to myself… *"awwww, she wants to suck on me… it pleases her to please me… awwww, she just loves to suck my cock. It helps."*

As far as the physical is concerned, whether a man has an erection or not... and the quality of that erection... is determined 100% by "plumbing". For a man to have a killer erection, he must have as much blood as possible "trapped" in his penis. That means all of his blood vessels need to be as unclogged as possible.

It is very difficult for an out-of-shape male with clogged arteries to have any kind of erection at all. On the other hand, a fat-free diet and aerobic exercise keeps blood vessels unclogged and is a major contributor to a man having better sexual performance. Of course today we have "wonder drugs" such as Viagra, Levitra and Cyalis which "cure" this problem almost immediately for the vast majority of men.

A scientifically-proven "aphrodisiac" which gently sends a woman's sexual desires into white-hot overdrive!

It's a new product created by a Miami Beach lesbian. You can read all about it, if you have a computer, simply by going to her website at **www.ShesOnFire.com**. The headline of her website tells what it's all about. It says:

"Miami Beach Lesbian Creates New Product That Makes All Women Almost Instantly Crazy To Have Sex With Males... Or... Females!"

What lesbians know about oral sex that men don't... and... why more men today are losing their women to other women!

This is a sweet little secret. Different women require different techniques to get them off when you're eating them out. Some of them like you to lick their clit up and down... some of them like it sideways... some of them like it real fast... some of them like it real slow. You have to pay attention to find out what it is the woman you are with likes.

It's not as difficult as you might think. Just make it a target. Imagine a three-pronged target: The clitoris is the very center target; then there's an outer circle which is around the clitoris; and finally there's an even wider circle which involves the other "zones".

Some women can't stand to have their clitoris touched; it's like it's too sensitive. But, they love to have it teased. So you keep 2 or 3 inches away from it.

Some other women are not as sensitive in their clitoris as they are in their breasts, their nipples, or all over their body.

The big thing men forget is that the entire female body can be an erogenous zone. That's what women crave... someone who is all over them. Literally devouring them with attention.

Another analogy would not be a target but like a lamp switch you don't know how to turn on. You have to figure out whether you have to push it down, push it up, turn it to the right, or turn it to the left.

The single most important thing a woman can do to make herself more attractive to the opposite sex!

Be obviously approachable. Many women in America walk around with a cold, emotionalless face and uptight body language. That signals to a man, if he approaches her, she might bite his head off. If a female wants to attract a male, she simply needs to look friendly, interested, and approachable.

In fact, she should do all she can to transmit both overt and subliminal signals she would be eager to talk to a particular male.

One powerful, powerful, powerful thing you can do to attract a man is drop your eyes to him. Read how Janet used this to get the man of her dreams.

Janet was recently divorced but she loved her husband and wanted him back. I asked her a few questions and simply suggested she drop her eyes to him. She asked me to explain what I meant. I said an example might be whenever she was "exchanging the kids" with him, she should tilt her head slightly and drop her eyes to her husband.

I explained to her when a woman drops her eyes, she is communicating to a man she is available. I explained dropping her eyes was a body language signal women put out they are willing to be cared for by the man.

If women hold their eyes level, they feel equal to the man and don't need his protection. I explained men are hot wired (and have been for millions of years) to instinctively want to protect and care for a woman who drops her eyes.

After explaining this thought to her… she gasped and said… *"O my God, that's what his mistress did to him. His mistress dropped her eyes to him all the time."* I asked how she knew that. She said, *"His mistress WAS my best friend. And she had that body language down pat."*

She was excited to give it a try. Be approachable. And if someone does approach you… don't discount it.

My guy friends and I went bar hopping one night. We decided to conduct an experiment. We decided to hit on every overweight, unattractive woman we saw. We thought overweight and unattractive women would appreciate the attention. But, surprisingly they behaved very much

like many other, attractive woman. They blew us off… saying things like, *"I would never go out with the likes of you."*

We concluded that type of behavior must be a rather natural response for women to immediately play hard to get.

So, we concluded if a woman is more approachable, she will find more in the area of gratitude from men. If you make a man jump through hoops to get to you… you may get someone who really, really likes you… but you will get rid of a lot of possibilities of guys who just don't want to play the game (or guys who don't know you're playing a game).

Be approachable. The choice is still yours.

The single most important thing a man can do to make himself more attractive to the opposite sex!

Most men confuse "attraction" with "affection." They intuitively know "affection" is something you must EARN. But they don't know how to get "attraction" to work for them.

Attraction is an automatic response. Attraction is created just like in the market place of products. If a product is rare… it's attractive. If a product is shiny, new, clean, desired by others… it's attractive. It the product is "on sale"… the natural question is WHY is it on sale?

If you are too eager to meet and be with a woman, you are communicating that YOU are "on sale." "Sale" items are not treasured. "Sale" items are in abundance. If you want to work the ATTRACTION model… don't be "on sale". With that thought in mind the following idea will make perfect sense.

Don't tell a good-looking woman how hot she is, how pretty she is, how beautiful she is, or how sexy she is. She's heard it all a thousand times before. It will *not* make her feel "attracted" to you.

If you tell an average woman, she's beautiful, she *will* feel attracted to you. She has not heard that message a thousand times before.

To make a woman feel attracted to you, you must come across as RARE. We are attracted to

rare gemstones… rare cars… rare flowers, etc. If what you communicate to a woman is RARE, her interest sparks.

If she's in a class of Beethoven music lovers, she can only stand so much talk about Beethoven. If you come along and you're the expert in Mozart, suddenly, you're RARE.

If most of the folks she knows are serious (and being serious is so damn easy) then she is attracted to someone who has a sense of humor. If most of the folks she knows are Montegues (as in Juliet's family) then the Capulet's are fascinating (as in Romeo's family).

But the single most important thing a man can do to make himself attractive to the opposite sex is this: A man should demonstrate to a woman he is interested in her as a person... and... convince her of this (no matter how long it takes)... *before*... he makes any kind of sexual move whatsoever.

If might help if you remember the three "Be's":

Be desire-less.

> Don't come on like you're interested in her sexually. Don't show desire. If you have no desire for her, she will begin to think she's slipping. She will more likely feel desire for you if you feel less desire for her. For some reason, it seems to go that way.
>
> Typically a woman runs when she thinks you're interested in her too much. In order to present yourself as "desire-less" you must have a life. You must be interested in something else besides her. The stock market? Classical music? Something. Anything.
>
> Also, if you have other women interested in you, it proves you're "desire-less" at least toward her.

The next "be" is, *be excellent in her presence.*

> This could mean anything from saving a cat from a tree to donating time to orphans. If you do something excellent… make sure you do it in her presence.

The final "be" is, *be gone.*

Women love to chase a man.

They are suspicious if you “chase” them. If you show too much interest in them too soon, they will run. The reason for this is, by and large, women have low self-esteem. They know inside they are a mess. Insecure. Etc. So if you show interest in them without them earning it, they suspect you have an agenda.

Let them earn it. Let them chase you.

Be desire-less.

Be excellent in her presence.

Be gone.

A sure-fire way to tell if your spouse or "significant other" has had sex with someone else in the last 24-hours!

If your spouse leaves the house and has a sexual experience with another person, he/she is almost 100% certain to take a shower before returning home. The idea is to destroy the "evidence". They want to make sure they are not bringing home the scent of another person, any random hair or anything else, which might be a little clue as to what they've been up to.

So, the unfaithful spouse showers in an attempt to remove all of these clues. And, the fact of the matter is, there would simply be no need for them to shower until they returned home if there was no evidence to get rid of.

Please note: If your wife has had sex with another man recently enough, you can smell his come mixed with her pussy juices.

How any man can make all of his erections last longer!

This is one of the most jealously guarded discoveries of sex researchers who had been given

almost unlimited research funding by their wealthy, pleasure-seeking patrons.

You can do several things to make your erections last longer. One is a “cock ring”. These handy devices can be found at your local store where sex toys are sold.

Another thing you can do pick up some of the natural herbs specifically formulated to enhance the natural male sexual experience.

Almost foolproof contraception: It's over 99% effective but... so new... most people have never even heard about it!

Actually it is foolproof. Charles from Virginia said it best. *“Spit don’t make babies.”*

You can use the pill. You can use the IUD. Even spermicide gel, etc.

But, oral sex is the best way to not get pregnant.

A male "pleasure trigger" accidentally discovered by medical doctors which... curbs premature ejaculation... and... increases the frequency and quality of male orgasms!

It's a little part of the body called the "taint".

On a woman you can find it between her pussy and her anus. It’s called the “taint” because “t’aint exactly pussy and it t’aint exact ass.” It’s in the middle of the two.

It’s the same on a man. It’s between the anus and the testicles. And it’s very, very pleasurable.

You can actually push on the taint and you are actually pushing into the prostate. At the moment of orgasm, that'll increase pleasure. Before orgasm, it can actually interrupt the electrical responses of the orgasmic response.

The number one rule which absolutely must be observed for women to have a truly spectacular orgasm is play with her taint!

An amazing secret just recently discovered which every man should know about how to... instantly... put his woman "in the mood"! (This works faster than anything else a man could ever do... and... women desperately want their man to learn this secret.)

This little secret will take a bit to set up and use. But you can use it almost anytime after you set it up. It's called "Anchoring". We all do it, whether we know it or not. But if you know what it is, you might as well use it to put your woman "in the mood" almost when and where you want to.

Our minds… or more correctly our subconscious minds... "anchor" a great variety of moods and feelings to different things all the time. Like you might hear a song on the radio and it reminds you of a lover you had years ago. Or you might smell a fragrance and it reminds you of a city, or a time in your youth, or any number of things.

One fellow can smell oranges and it reminds him of Christmas as a boy. Why? Because as a boy the only time his family got oranges was during Christmas time. So, now anytime he smells that fruit the good feelings and excitement of times gone by hit him.

Now let's say another person, a woman, might have been given flowers by boyfriends or even her husband... at a time the boyfriends or husband was telling her he's going to break up with her. She has "anchored" flowers to that horrible feeling of being ditched. If you made the mistake and gave her flowers BEFORE you had a chance to change that anchor… she would feel horrid. And... she may not even know why.

So, if you want to put your woman "in the mood" … instantly… take the time to get her to put her in the mood.

Get her to talk about sexy times in the past… times she may have had with someone else or with you… or get her to feeling sexy right now… it does not matter whether she is remembering a past good feeling or having the good feeling right now. The point is to anchor the good feeling to something IN YOUR CONTROL.

For example: Let's say you ask her about her vacation to Hawaii. Let's say she loved it. And when she talks about it she lights up emotionally. Whenever you get her to talk about it… you can gently touch her wrist… or you can smile and shake your head in a certain way… or you can snap your fingers. Choose your anchor.

Just make sure you repeat this process at least 3 times. Get her to talk about a good feeling or

when you notice she is having the good feeling… anchor that feeling to something you do. Something you say. Some nod of your head.

But do it 3 times. Then, magically when you do this thing (this nod of the head, this touch of the wrist or whatever) she will have the feeling without having to put herself in that state. YOU'll be able to put her into that state of mind with just a snap, just a touch of the wrist, just a nod of the head.

WARNING: Watch out for the reverse effect. You can inadvertently anchor BAD FEELINGS to certain things you do.

For example, I recommend you NEVER have an argument in your bedroom. Take the argument into the bathroom. The bedroom should only be anchored to good and pleasant feelings.

Don’t make the mistake of doing everything in your bedroom It's a bad place to have arguments if that's where you're going to be making love. Your bedroom will have no anchors. Or it will have too many anchors. My point here is you can choose and control the anchors and thus have more control over the mood of your lover.

A sex act which is impossible for most men (unless they know this one simple trick) which women rave about... and... often say "is more enjoyable than orgasms!"

You’re going to love this idea. Women love to be teased. They love to be teased in almost every kind of way. The only women who don’t love to be teased are women who are very insecure. I've found even insecure women love to be teased in the way I’m about to reveal.

But before I get to the sexual teasing, allow me to comment on teasing in general... and... why women love it so much.

Far too many women are masters in the art of the tease. Puzzled men everywhere wonder what exactly did she mean by that. *“She’s more or less saying come... but go.”*

Women tease by the way they dress. Women tease with their eyes. Women tease with mixed messages. So, in the game of giving a women fantastic sexual please tease THEM.

Here’s how: Instead of putting putting your penis in her and pumping away until you come...

do this instead... put it in... get her excited... and then... then withdraw your cock when she wants more. Now, give her a *little* bit more; then withdrawing again; make her wait for it. It's a thing of teasing her until she can't hardly bear the wait any more.

Her buttocks are quivering. Her vagina is wet and you're just barely putting it inside and pulling it out. In this sex act, is the man has to have complete control. He has to be forbidding the woman to move. It's the delayed orgasm.

A little known foreplay secret (only recently revealed by a world famous female sex therapist) that gives a man a foolproof method which makes certain his woman will have an explosive orgasm... every time they make love!

The secret here is to look at all of life as foreplay with your lover. If you think foreplay only begins in the bedroom, you're missing oodles and oodles of fun. As Robert Green suggested in his famous book, *"The Art Of Seduction"*, the seduction is on all the time.

Foreplay begins days and weeks before you actually make love the first time. Foreplay begins days and weeks before the next time you make love. What you say… how you glance… how you smile… your suggesting flirting… and especially the tease.

Most people think foreplay is like the Texas cowboy who came home late one night and pulled back the covers and said, *"Honey, you awake?"*

NO. NO. NO. You must understand foreplay begins *long before* you get to the bedroom. Then, once you're in the bedroom, you make the same spirit of playfulness continue. Only now you make it more intense.

Some foreplay secrets that might help you once you are in the bedroom are as follows.

> Stroke her hair. This is the least offensive approach. If she is not "in the mood" you'll be able to tell from her reaction to you stroking her hair. If she's not "in the mood" you can back up a bit and address whatever might be the concern. Then, begin your approach again. Stroke her hair.
>
> Stroke her neck. Stroke it with your hand. With your lips. Smell her neck. Drink her in.

Stroke her shoulders.

Stroke her breasts, but not her nipples.

Later, after you have given her plenty of attention in other areas of her body, you may stroke and caress her three hot spots.

Once you see her legs fall open to you, take the time to grab the outside of her pussy lips, the part close to her inner thigh. Grab and pull gently. First one side, then the other. Pull gently.

Please note: Some people think the clitoris is the most sensitive part of a woman's vagina. This may be true… but you do yourself and your woman a disservice by ignoring this fact: her whole crotch area is sensitive and longs to be touched and loved.

Also, even before you gently grab and pull the skin on the outside of her pussy lips, take your hand and let it rest on her vagina. Just let it rest there. Let her feel the warmth. Let it build up slowly.

This care and attention to slowness helps your woman build up to an explosive climax. If the foreplay is rushed, your woman may feel like she is not really a part of the process. Slow is better. Slow is better. Slow is better.

The final idea here is this: Slow is better. So often the man is ready in five minutes flat to make love. However it takes the woman longer to get ready.

Let's say if the man takes 5 minutes, the woman takes 15 minutes. So your goal in putting this FOREPLAY secret to use is... *take your time.*

Since you know she "takes 15 minutes" to get ready for sex, then determine in your mind you're going to take 20 minutes, that way she'll be CHASING YOU for at least five minutes.

And when she's chasing you, you know she is in a state of white hot desire. When her desire is that hot, an explosive orgasm is not far behind.

An exclusive "pleasure map" with a "fingertip" guide to the 16 most sizzling "hot spots" on a woman's body... including... at least FOUR she probably hasn't discovered herself!

1. The hair. Stoke it. Caress it.

2. The back of the head. Grab the hair at the back of the head. Gently pull it. Woman have been hot wired since the caveman days to get aroused by this "aggressive" act. You don't have to be aggressive. Just gently pull it and act as if you are in control. No words have to be spoken. It's one spot on the pleasure map.

3. The neck. Kiss it. Stroke it. Nibble it. Nuzzle it. Bite it.

4. The lower lip. Bite it gently.

5. The lips. Not just for kissing. But for teasing. Bring your lips close… but not too close. Then barely touch her lips with your lips. Pull away.

 Tease her lips with your tongue. Also, tell her how beautiful her lips are. Women love it when you tell them some SPECIFIC part of their body is beautiful.

 When you say the generic *"You're beautiful baby,"* it's too vague for a woman to latch onto mentally in her appreciation mode. Instead, be specific. Tell her how lovely her lips are.

6. Her ears. Get close.

 Let her feel the warmth of your breath. Whisper in her ear. Nibble. Tell her, *"This is what I want to do to your clitoris."*

 Bite.

 Suck.

 But be careful about sticking your tongue inside her ear, as this may be too much. But for sure, don't ignore her ears.

7. Her toes. Massage them. Kiss them. Nibble them. Hold them close to your

face. Let her know you adore her feet.

8. Her fingers. Again, kiss them. Nibble them. And pay attention to the spaces between her fingers. Use your tongue to gently lick the skin between her fingers. Place her hands on your face.

9. Her shoulders. While your hand is caressing the back of her neck.

10. The inside of her elbows. This part of her body is very, very sensitive. Lick. Nibble. Start on the inside of her elbows and work your way outward.

11. The back of her knees. This should lead to some delicious biting up and down her legs. Biting her legs. Biting her ass. Biting her back.

12. The inside of her thighs. This is a sweet and secret place. Often a women will resist your advances. She'll push you away from her love box. But if you take the time to bite or nibble and suck on the inside of her thighs, she will rather quickly change her mind about you getting close to her love box.

13. Near the nipples. It's too easy to attend to her nipples. Stroke, kiss and lick NEAR her nipples in order to get her to beg for more.

14. The whole breast. Rub it. The whole thing. Like you're milking a cow. Start at the base of the breast, then massage it toward the nipple.

15. The ass. When you squeeze her ass, imagine you're wanting to move the skin wrapped around her ass which is directly connected to her pussy. Squeeze and lift. The clit is so sensitive that when you grab and squeeze her ass just right, it will gently pull the clit and excite your woman. It's sweet. Very, very sweet.

16. The mind. Do NOT, do NOT, I repeat, do NOT overlook the most powerful pleasure spot on a women: Her mind.

 Just like her body needs teasing, her mind needs even more teasing. She needs to be teased about the things she says… how she drives… the shoes she wears. Tease her as if you're her big brother and nothing you say can make her run

away. You may sprinkle compliments into the conversation as it progresses. But by and large most women are dying to be teased.

When you tease your women in a humorous way, her mind gets really excited at the double message, at the confusing, at the reason WHY you said that.

Please note: If things get predictable... things get boring. And relationships fall apart mostly because someone gets bored. When you tease... and... when you get teased... you and your sex partner will be anything but bored. Do it.

The thrilling "18-Hour-Plan" (developed by sex experts) which... no matter how fatigued you've been... or... how long you both have been in a rut... will re-ignite the passion between the two of you!

The technique is designed to revive the love life between for a couple whose love life has gone cold. The 18-hour plan takes about 10 days to perform.

The idea behind it is this: When a relationship is new… it's hot. *Everything* is new. There's a new body to explore. New smells. New tastes. New habits to become familiar with. And often, when a couple first gets together, they may even have sex some 3 times a day.

But, generally speaking, by the end of the 3rd year, sex is boring at best. That's when one or the other falls into having an affair.

Then, lo and behold, the affair partner looks exciting and the tendency is to say, *"I made a mistake with my old love, but this is the one. I'm sure this is the one."* And of course the affair is hot and heavy for about 3 years. But then again, we begin looking to "trade up" to someone better, more exciting, someone new.

The idea with the "18-hour plan" is to take a week or more and bring "newness" back to your relationship in a sexual way. You create desire by purposely withholding that which you really want.

Here's how it's done. You agree to have some sexy, romantic time together for the next 10 days or so. Use this time to spend about 1 to 2 hours a day to explore each other's body as if you were new lovers. Just say to yourself you don't know what "this new" lover likes.

Experiment.

Even if you've made love for years… and you think you know everything there is to know about each other… you don't.

Why? Because generally speaking, we are not the same person we were 3 years ago. Our skin is different. Our senses are different. Our tastes are different. And...

We Have Gotten Into A Rut In Our Lovemaking!

So, once every 3 years, take the time to explore for 10 days or so... without going all the way. Wait until you're towards the end of the program. I can hear you now, *"What the hell are you talking about?!"* Let me answer that for you.

Perhaps on day one you stroke and explore your lover's arms. Don't massage her arms per se. You're not looking to get her relaxed. You're *exploring*. Stroke her arms with your fingertips and maybe your tongue. Do it in parts of her arms you've never been before. You want to get her stimulated instead of relaxed. Take 30 minutes to an hour to stimulate her arms.

That wasn't so tough, was it?

Now move on to day two. Have her stroke and explore your arms.

Again, not so tough an assignment.

On day three… you stroke her legs to learn her sensuous spots. Take your time.

On day four… she strokes your legs. Let her take her time.

That's four days "down". What's next?

Day five: Her body and head.

Day six: Your body and head.

Day seven: Her genitals. (But see the NOTE below.)

Day eight: Your genitals. (Again, see the NOTE below.)

> NOTE: During days seven and eight, you're NOT going to bring each other to orgasm. You're just exploring what stimulates each other. You're saving orgasm for days 9 and 10.

Day nine: Have sex... but... you're in charge of the pumping and grinding... because... you're looking for what pleases her.

Day ten: Have sex... but... SHE's in charge of the pumping and grinding... because... she's looking for what pleases YOU.

With this 18-hour plan, you're taking about 10 days to explore and find out what's NEW with each other. It's really sexy. Especially if you're in a rut with each other and haven't had a fun, sexy time in a long time.

The six "tricks" which are a man's surest path to quickly increase his woman's "clitoral arousal" which is... the most certain way for a man to bring his partner's "foreplay clock" into sync with his!

Stop what you're doing and get down to your friendly neighborhood sex shop and buy a new vibrator. The kind that fits over the tip of your finger. It's amazing.

Learn to use your finger like a tongue. That means you touch her clitoris *so gently* she will think your fingertip is your tongue.

Learn to use your tongue like a finger. Hold your tongue a little stronger than you might. Use a little more or a little less firmness. Experiment. Watch her breathe. Watch her response. Watch her excitement grow.

Use your fingers to gently "pinch" her clit. Pinch it and roll it between your fingers.

When you put your mouth on her clit, suck it and lick it while the clit is in your mouth.

While you're sucking on her clit, let the clitoris POP out of your mouth. Over and over again. Grab it with your lips, suck it into your mouth, then let it POP out. It will drive her WILD!

What both men AND women need to know about PMS... and... how this knowledge will solve almost all problems caused by PMS!

For some women, PMS is actually a form of temporary insanity, which is biologically and hormonally induced. Men, listen up and listen closely:

Women Have NO CONTROL Over This Situation...
And... There is NOTHING A Man Can Say Or Do To
Make A Woman Suffering PMS Feel Any Better!

As much as possible, men and women should declare something I refer to as a "relationship time out period" if the woman suffers from really severe PMS.

My personal favorite method for dealing with a woman who has severe PMS is simply to stay away from her during that period of time.

However, quite often, this is not possible. So, the second thing I do is, keep in mind that almost anything a woman says or does during this time of ultra-stress is very likely to be the *exact opposite* of what she would really like to be saying or doing.

Most men don't realize how bad PMS is for a lot of women. It's terrible. I personally don't know how a lot of women get through this time of strife, month after month. If men had to do it, the homicide rate would increase by 1,000%.

The best thing a man can do is be gone. The second best thing he can do is be understanding.

Why "pick-up lines" almost never work... and... the ONE "almost magic" way to approach a woman which works nearly every time!

There is not a pick-up line in the world that every female doesn't recognize as a pick-up line. Women hate pick-up lines.

The very fact a man is trying to use one signals to a woman he thinks she is stupid and will fall for a "trick" which any six year old child could see through like it was a sheet of glass.

Did you know when a woman meets a man, she makes up her mind whether or not she would

consider having sex with that man... *in approximately three seconds.* And, if she decides in those three seconds she would not have sex with that man, there is absolutely nothing that man could say or do to change her mind.

On the other hand, if the woman decides within those three seconds that under the right conditions she would sleep with him, there is a LOT the man can do to make her change her mind. He can treat her like she is an idiot. He can take her for granted. He can appear slick. He can turn her off in a million ways.

So, what a man needs to remember is, if a woman will open the door to her house to him, it is a very long trip to get to her bedroom. If he makes any mistakes whatsoever during that "long trip", he can rest assured his body will never be horizontal on her mattress.

So what's the best way to approach a woman? Just look friendly, say *"Hi. My name is John Jones. What's yours?"* And believe it or not, by the time it takes her to answer that question, she will decide whether you are somebody she definitely would <u>never</u> have sex with... or... would <u>maybe</u> have sex with... if... you don't make any mistakes.

A Tip: The best non-sexual thing you can talk about with a woman is her shoes. Women are absolutely psycho about shoes. They never talk to other men about their shoes because men don't resonate with shoes. But, women have endless conversations about shoes with other women. I don't know why this is so, but it's sort of like how some men are fascinated by automobiles.

I'll tell you this: Men would learn to resonate with shoes if they had any clue to the degree of how interesting, fascinating and important an item and a subject they are to a woman.

Why most couples miss out on the searing, hottest peak of their "love clock" during the day... and... why they never even realize it!

Most men wake up horny. Their “love clock” is set for morning time. It’s not unusual for a man to wake up with a hard on. But for women, morning may not be the time.

Many, if not most women, get horny naturally around 2 o'clock in the afternoon.

So, if you can take advantage of this timing secret, do so. A little “afternoon delight” is

wonderful.

How to use the amazing "Bio Cure" created by noted sex researchers... which... is especially critical for busy parents!

We've all heard about "making a date" with our partner. Maybe you've even tried that. "Make a date" to see a movie. "Make a date" to have a romantic dinner. "Make a date" to go dancing. But, far too many couples make a Friday date to go see a movie. They see a movie on Friday night week after week. It’s a guarantee things will get into a rut. It’s only a matter of time before interest lags. And when interest lags, an affair is not far behind. Here’s the cure.

Make A Date... For SEX!

Mostly, we’re talking about couples who have kids. Oftentimes kids are demanding and eat up all our time. So, you have to make special time for taking care of each others needs (you and your spouse, you and your better half, you and your lover... NOT the kids' needs for once!). YOUR needs for sex, fantasy, desire, hopes and dreams.

Think about this: If your date time with your mate is predictable… if it’s just dinner and a movie once a week… it’s not hard to see why an "affair partner" has distinct advantages. Typically, two people who plot to have a secret love affair do not get together to see a movie. NO. NO. NO. They get together to have...

Intimacy!
Emotional Intimacy!
Physical Intimacy!

They get together to explore each other’s minds, each other’s bodies. They give each other approval. They give each other appreciation. They give each other acceptance.

The idea here is you can’t do this without anchoring that approval, appreciation and acceptance to some kind of physical touch. Make it a “Bio-cure.” Ditch those typical Friday night dates to the movies and check into a hotel instead.

Don’t wait for your lover to have an affair… instead have the affair with them. Sneak off and “give them something to talk about.”

Four incredibly easy ways a man can make sure he NEVER again has to worry about the erection problems 52% of all men (even those under 30 years old) report as their number one source of embarrassment!

Our bodies are not machines. Sometimes you can't get the erection you want. But a lack of an erection does not have to be a problem.

The first idea here is to relax and accept the fact you don't have an erection. There's no reason to be embarrassed about it.

Instead, let your lover go down on you. Let your lover suck on you and enjoy playing with your penis. Many men enjoy a woman sucking and fondling them even though they cannot get an erection.

The second idea here is to "make this a special moment for her." So what if you don't have an erection? Give her pleasure with your mouth and fingers.

Of course, you can always use Viagra or some herbal supplement which enhances your erection.

And then there's also a cock ring. This device holds the blood in the penis.

Flirting secrets used by all women that 95% of men don't even recognize... and... how a man's life instantly gets ten times more exciting... when he does learn to recognize and understand these little-known secrets!

When a woman is flirting with you here are some things she will do:

- She will "flip her hair." Her palm will be open during this flip. Her palm will be facing you. If she shows you the back of her hand, she is unconsciously telling you she's taken and is not available.

- Also, when a woman is sending you signals she is available, she will look at you in the eye, then drop her eyes down. She may drop her eyes to your chin or drop them all the way to the floor. The more she drops her eyes the more she is into you.

- Watch for a woman who is crossing and uncrossing her legs. Actually if she's bouncing her foot in your direction, it is a good sign.

- Next watch for her gently "violating" your personal space. She'll put her hand in there or touch you briefly as she's laughing.

- Watch for her voice to lower half an octave.

- See if she tucks in her blouse.

- One of the more overt ones is, touching you just for a moment. Laughing.

For women, humor is part of the game that men just ignore. Not if she's laughing at you, but if she's laughing with you. Laughter to her is a bonding experience. If you can make women laugh, you're much closer to getting what you want.

Ten things a man must know about a woman which guarantees he and she will have GREAT (not just good) sex!

1. Never believe what a woman says.

 Even the ancient Chinese had a saying, *"Never believe a woman, not even a dead one."* A woman will say one thing on Wednesday and do the opposite on Friday.

 A woman will demand you behave one way, and hypocritically do the opposite herself.

 For example, consider the young woman who says to her young soldier boy lover *"Johnny, don't leave me, don't go off to war, please Johnny."* And of course Johnny kisses her and walks out the door to fulfill her purpose. Imagine how let down this woman would really and truly feel if Johnny said. *"OK, I won't go."* She will feel contempt for him and not know why. Never believe what she says... even if... it goes against your core value.

 She's just testing you.

2. A women loves for you to say “NO” to her.

 There is a way to give her what she wants while saying “NO”. If she says, *“Let’s go to the six o’clock movie,”* you can say, *“No, let’s go to the seven o’clock movie.”*

 By saying NO before giving her what she wants, she will subconsciously think of you as a challenge. And this, my friend, she find exhilarating... not boring.

 If you say YES to everything she suggests, she has contempt for you and soon she will be the one saying NO to you most of the time.

And The Worst NO Will Be
In The Best Room!

 By habitually saying NO to her, you are in control. And by being in control, you will be in more control in the bedroom.

3. A women loves it when you open the door for her.

 Don’t believe the feminist crap about “a woman needs a man like a fish needs a bicycle.” Women know they are to nurture and men are to protect. Walking on the outside of the sidewalk and opening the door for her are symbolic of your having a caring protective attitude.

4. Women are dying to be teased. Especially good looking women.

 When women and men are together, they are more or less mismatches for each other. He says "up", she says "down". He says "left", she says "right".

 Have you got that down? Good. Now think about this: When you tell a woman *“I love you”* and give her compliments, she will discount that in her mind. What to do? Instead tease her about things.

 Since she is often in a mismatched mood with you, your teasing will be mentally flipped to be a compliment and a compliment will be mentally flipped into something undesirable.

5. A woman wants you in some kind of leadership position.

 It almost doesn't matter what kind of position as long as it's some kind of leadership position. You can be the boy scout troupe leader. You can be the boss at work. You can be a deacon at church. But it turns her on to see other people like and trust and respect you for something.

6. A women wants you to be an expert in something. Stock trading? Gold mining? Classical music? Something. Anything.

7. Women love to chase.

 Make sure she calls you 3 or 4 times for every time you call her.

 If you're working on making the relationship better, she will not value the relationship because she is doing nothing to make it happen. Let her chase you. This way, she values it more. She feels she has earned it.

 You may not feel you have earned her love because you're not doing anything. But, if you can be smart enough to relax and let her make it good for you, you'll get a lot more in the bedroom. If you're chasing her, you'll get more rejection from her. It's just that simple.

8. Whoever cares the least controls the relationship.

 You may care a lot but, let her believe she cares more. Let her have the thrill of making it good for you. Don't make her breakfast all the time.

 She'll have nothing invested in it and you'll have the most to lose.

 You can and should do some things... but... make sure she puts in investment time. Otherwise, she won't care as much and she will be in control.

9. A women hates it when you give your whole life in devotion to her.

 The reason she hates this is she thinks she does not deserve such devotion.

10. She needs surprise.

If you’re not a spontaneous kind of guy, go buy yourself a 12-sided die. Like the one from the dungeons and dragons’ game. Roll that die. Whatever number shows up, let that be the next day you do something surprisingly romantic for her. Why? If you buy her flowers every Wednesday, she will grow to expect it and predictable is boring. Don’t bore her. It will be the end of you both.

A simple 3-second "trick" which 100% eliminates "performance anxiety" in men!

(Note: This "trick" has been used for centuries by the most daring and successful men in the world.)

This sweet little trick is to right away get into the word “YOU”. Let’s talk about you. Let’s look at things from your point of view.

Go out to your local bookstore and pick up Dale Carnagie’s book *“How To Win Friends And Influence People."* This book will help you discover all kinds of seductive behavior models. Get it. Read it. Enjoy it.

Four little "target words" which can help you win your lover's heart forever!

"Destiny": Often women will put forth more effort into the relationship if they believe it’s “destiny”.

They don’t want to fight destiny.In fact, they are inclined to help destiny out. Don’t be afraid to include this word in your discussion with your lover, or potential lover.

"Magical": Here’s another word you’ll want to use. For women (or people in general who don’t know how relationships work) it all seems like magic… if it works at all.

But relationships are not that magical. They work in a rather predictable way. If you have this kind of interaction, you’ll get this kind of response generally. If you have that kind of interaction you’ll generally get that kind of response.

For example, no one falls “in love” with a wino laying in the gutter smelling of urine and

vomit. One may argue there's nothing to be "proud" about regarding that wino. So, I might suggest that "pride" has a lot to do with romantic love.

Is he or she proud of your behavior?

If it's true pride is involved, stop doing things that destroy pride. Take pride in the way you look, the way you dress, the education and conversation you bring to the table. Take pride in the image you project.

PLUS… allow your mate to take pride in things important to her/him.

Don't be critical of her parents (for example). When you criticize her parents, her painting, her choice of friends, etc., you wound her pride. And you can't wound the pride but so much before the romantic feelings disappear.

"You please me": This little phrase goes a *long, long, l-o-n-g* way to help you get what you want. This phrase is both a statement and a hidden command.

When you say *"you please you"* you are stating a fact. But, if you put a small pause between the "you" and the "please me" her/his mind hears it as a command. And we tend to do what we are told, if it's not too inconvenient.

"Adore": Sometimes you can get more mileage out of the relationship if you say, *"I adore you"* rather than if you say, *"I love you."* Why? Because one phrase is overused. The other stimulates the brain in a good way. Use this word.

How to guarantee your lover almost never stops thinking about you... and... how to make sure all those thoughts are supercharged with passion and white-hot, smoldering anticipation!

This one is so simple, it's going to blow your mind. There's a trick to get her to say your name during sex. And, that's how you "ruin" her from wanting other men, too!

You go down on her... and... right at the point where she's almost having an orgasm... you stop. She's going be insanely hot by this time and she's going to beg you not to stop. You simply look up at her and tell her you'll satisfy her... if... she'll simply say, *"Please Gary."* (Or

whatever your name is.) Believe me, if you've done everything I've told you in this book, she WILL say those two simple words. And then, my friend...

You "Own" Her!

What you have just done is "anchored" your name... with... one of the most pleasurable, hot, sexy times she's ever had. To bring her to the point of orgasm... but then hold off and make her beg for it... by simply asking (more like pleading) two simple words, *"Please Gary"*.

Now to put it all together for you: Let's say the very next day you call her up and you ask her, *"Hey honey. Can you do one little favor for me? Can you just say, 'please Gary'?"* WHAM! In an instant you've brought back that pleasurable, hot, sexy time she had with you last night! WHAM! She'll be putty in your hands. WHAM! She'll be hot for YOU... and YOU ALONE... all over again!

Two little words can do a whole lot, can't they?

The most common "clumsy mistakes" 90% of all men make during lovemaking... and... how to quickly learn the "inside secrets" of the most satisfied 10%!

- Not going slow enough.
- Going straight for the "triangle area". (The two breasts and the pussy.)
- Thinking you have to use your cock to please her. Often, you can please a woman more with your fingers and your mouth.
- Making comments that are less than flattering.
- If she comes to your place, make sure it is clean. The WHOLE place. She makes large assumptions from small details. And they are usually negative assumptions.

A very important (but almost unknown) "trick" which will end "nagging" on both sides of a relationship... forever!

I have made a promise to my fiancée. The promise is this: I will NEVER repeat anything I ever say or anything I ever do that she tells me displeases her.

In other words, if I refer to her as "mamasita" and she tells me she doesn't like me calling her that word, I will never refer to her that way again. If she tells me she doesn't like the way I look when I wear a purple T-shirt, I will never wear a purple T-shirt again.

In other words, my promise to her is I will never continue to do things which displease her.

She tells me I am the only man she has ever met in her entire life who has this attitude and she loves me more than I could ever believe because of it.

How often (on average) do men think about sex every day? How often do women think about sex every day? (Hint: The answers will astonish you.)

Here's the truth: *Men almost never stop thinking about sex.*

They can be talking to a woman about nuclear physics... but... they will secretly be fantasizing about how she would look if she didn't have any clothes. This does not mean men are pigs. It is simply a reflection of the way we are "wired."

Men suffer from something that women do not. I call it:

"Mode Overlap"

If a man and a woman had great sex the night before, and now they are both doing something related to work, sexual thoughts will still be intruding on the man's consciousness.

On the other hand, when women are in a sexual mode, they are completely in that mode... <u>at that moment</u>. However, when women are doing business, they are completely in a business mode. If women are washing dishes, they are completely in a washing dishes mode.

Men however, never really go out of the sexual mode. It always overlaps into every other

thing they are doing and every other mode they are experiencing.

Women think about sex about 1% as much as men think about it. Women think about it when their biological clock "rings" or they see an attractive man who happens to arouse them. This does not occur every minute of the day, every hour of the day, every day of the week, or every week of the month.

And sometimes, women don't think about sex for a year or more. But, there's probably no healthy man on earth who has gone an entire hour without thinking about sex.

The single biggest turn-on of every woman... and... how a man who knows how to give it to her can use this simple "sure-fire" secret to enjoy devotion and love so deep and profound... most men can't even imagine it!

Unexpected small gifts from a confident man. She expects you will give her gifts on Christmas, her birthday, Valentine's Day, etc. But, a small unexpected (it does NOT have to be expensive) gift you actually took the time and trouble to pick out personally for her will bond her to you like nothing else you can do.

Another big secret is to let her know she is appreciated... and... to show that appreciation in front of other women.

The incredible "success patterns" which actually give physically unattractive men a HUGE romantic advantage over good-looking hunks!

Best thing an unattractive man can do is... conduct himself as though he were catnip to all women. That demonstrates he's so confident that, in spite of his short statute or his bald head or whatever it is, he's completely confident in his ability to get women.

Why women hate most porno tapes... but... you will learn the ultra-secret "wish list" of sex tapes women are literally devouring in private! (These secret videos seem to supercharge women with an intense, erotically-positive sexual energy.)

As in real life with men, most porno tapes get to the sex scenes all too quickly for women. But there are some porno movies that slow things down. In fact, these tapes are often made by women, produced, written and directed by women.

One such woman is Candida Royale. She has a whole series of porno tapes that have lots of story appeal… mystery and intrigue. Women *love* her movies. Buy this type of movie if you want your woman not to run from a porno tape. She'll think you're sweet... and... she will get all worked up... *in the right kind of way.*

The most important (and most little-known) quality a man MUST have if he wants to approach a truly desirable woman... and... have any chance of success! (Women will overlook everything else except this.)

It is self-esteem. A man with truly high self-esteem would never consider the fact he might be unattractive to even the most beautiful woman in the world.

If he does approach the most beautiful woman in the world and she rejects him, he will walk away wondering, *"I wonder if she's having her period?"* Or he'll say something to himself like, *"She must be having a really bad day."*

Self-esteem is NOT the same as cockiness. Self-esteem is being absolutely certain of your inner worth and that you are a good person. Self-esteem is the keystone to confidence.

Confidence is like catnip to women. No woman (except one who is emotionally damaged) wants a man who feels unsure of himself.

She doesn't want her man to be cocky, arrogant and conceited. But, she will be vastly turned on by a man who is competent, and quietly confident in all aspects of his life.

A perfectly normal (and healthy) sex act between a man and woman... once forbidden... by American psychiatrists... but... which they now admit... will dramatically increase the amount of great sex in a relationship!

This may sound too simple... but... it needs to be said. Many people, both male and female, have a "taboo" about this sex act. And yet it's so pure... *and healthy*... it needs to be said. Especially in light of all the sexually transmitted diseases these days. So how can you enjoy sex... and be guaranteed you'll still be healthy afterwards?

Masturbation.

Yep, I said it was simple but too many people overlook this aspect of their sex lives.

And stop to think about this: You can have your partner watch as you masturbate yourself into a frenzy. While you are doing it, explain in detail to your partner what you are doing, how you are doing it, the lightness or the roughness of the touch, the slow stroking or the rapid pumping. Have your partner watch and *stay focused* on what you are doing, rather than trying to "please themselves" at the same time. It'd probably be helpful if your partner put their hands *gently* over your own hands so they can get the feel of what you are doing... without... actually touching anything other than your hands or doing the work. Why?

So the next time you and your partner want to do a little something different... *they* can masturbate you.. *just the way you like it!*

Beware though: Sometimes your partner watching you masturbate will make them hot and horny at the same time. They'll naturally want to be masturbating themselves... but... do NOT let them do it! Not this time, anyway. Nope. They have to *stay focused on you*. And if their hands are gently on top of your own hands getting your touch and rhythm down, they won't be able to take care of themselves.

Let them know in advance what you want to do... and *why*... you are doing it. Tell her you want to learn *exactly what she likes* and this is the best way to do it. Be a "gentleman" and offer to let her go first. But, if she's uncomfortable masturbating in front of you, tell her you'll go first.

Masturbating with your partner right there watching your every move can be a real turn on. But there is one drawback. After you've finished "School of Masturbation 101" and you were the "teacher", you may be too spent to now take lessons from your partner on what they like. This is serious business here guys. If you've just shot your wad, there's no way you're going to

be able to *focus* on what she wants to teach you about herself. What to do?

Again, tell her *in advance* that whoever is the "teacher" that time, will have to be the "student" at a different time. But NOT immediately afterwards. You see, the teacher will be too exhausted to really listen and learn from their partner.

BUT, don't leave your partner high and dry! Instead, if they're all hot and bothered, tell them to go ahead and give you a preliminary course on self-masturbation. You'll pay attention and enjoy watching them... but... your brain cells just won't be up for focusing entirely on the subject at hand.

DO make plans for your partner to be the teacher another time... a time when you will be able to 100% focus on them.

A 15-minute change in the way you shower and dress which may very likely double your animal attractiveness to the opposite sex!

I will not take the time to go into all the scientific studies which have proven what I am about to say. You can either take my word for it or do the research yourself. The fact of the matter is... both males and females...

Are Animals!

And there's one particular section of our bodies where we cannot deny we're animals. It's right there in the middle of your face. Your nose. Long before words are spoken by the male or female you're looking at, your nose will tell your brain if they're in the mood.

So men, take heed: If you want to turn on a woman on, it's as simple as:

1) Find a shampoo, conditioner or body wash with the scent of "licorice". It's been scientifically proven women go "ga-ga" over that smell... especially... the smell of the black licorice found in "Good & Plenty" candies.

2) If you can't find licorice, then sprinkle a little baby powder down your pants and on your chest. Remember though, a little goes a long way.

3) Do NOT wear any colognes! I know it may be hard for you to believe but it's the truth.

And for any woman who might be reading this book, if you want to turn a man on, it's as simple as:

1) Find a shampoo, conditioner or body wash with the scent of "pumpkin pie". It's been scientifically proven men go "ga-ga" over that smell. And remember, you don't have to actually bake one yourself... just find something with that smell.

2) If you can't find pumpkin pie, then stick with other "spice" smells. Cinnamon was the #2 scent to get men in the mood.

3) Do NOT wear any perfumes! I know it may be hard for you to believe but it's the truth.

How to know what kind of win-or-lose "sexual chemistry codes" you are sending every time you kiss your lover! Five secrets you need to know... if... you want to be able to kiss like a truly world-class lover! (This is the type of erotic foreplay more and more women are demanding men learn.)

Most men know kissing is all so important to females and yet, these same guys put too little emphasis on learning how to do it... and... do it well. Women equate good kissing (or bad kissing) with the overall quality of the man. Good kisser equals good man; bad kisser equals bad man.

In order to kiss like a truly world-class lover, you've got to be prepared:

1) Check your skin. Are you clean shaven or rough and ragged? This is almost one of those can't win situations. Women seem to love to look at a man who has that 3-day-old rough look... but (for the first kiss)... don't want his "scratchy" face rubbing hers. If you have some growth, be sure to keep it close cut, and be sure to not rub her soft face when you kiss.

2) Check your lips. The best piece of advice here is, do NOT wait until the night you go out to get your woman to decide to do something with your lips! Start

using a lip balm. If you work outdoors, smooth some on when the guys aren't looking - before you get there, during a lunch break, and after you leave for the day. If all else fails, put some petroleum jelly on those babies at night when you go to bed.

3) Check your teeth. When was the last time you had them cleaned... professionally? Plus, there have been so many advancements made in the world of whitening teeth, I HIGHLY recommend you look into. You don't have to have that "glow-in-the-dark" brightness... but... dingy or yellow teeth are an *instant* turn off to women.

4) Check your breath. Even if you're not sure you're going to even get the opportunity to kiss your woman, don't take a chance! Maybe you'll get a chance to get close... she'll catch one whiff of your breath... and either back up or turn her head aside. It's not a difficult thing to have clean breath.

 Don't have toothbrush or toothpaste handy? Pop a breath mint... a very small sized breath mint... into your mouth. Better yet, try popping a black licorice Good & Plenty into your mouth and see what happens!

5) Check her "receptiveness". Is she sending you signals she's ready for that kiss... or... are you being your usual self and just jumping right to it the first chance you get?

Casanova's Secret: He was the most famous lover in history and scientists have now discovered he actually did have a secret aphrodisiac (that can be made from natural foods)... which... has been proven to stimulate the "sex chemicals" in a woman's brain!

Let's start with the obvious. Seems like the whole world is on chocolate being an aphrodisiac... especially... for women. Chocolate contains Serotonin and Phenylethylamine which are, quite simply, mood lifting chemicals. Did you know if we're happy, our brain naturally releases these chemicals into our nervous system? And the same is true if we are experiencing love, passion... and the best of all... lust!

When Phenylethylamine and Serotonin are released into our system, it causes a rapid mood change, rise in blood pressure and increases the heart rate.

Plus, there's an added benefit to eating chocolate. It gives an immediate and substantial energy boost... thus... increasing stamina!

That Casanova was one slick dude. It's said he consumed chocolate upon chocolate before frolicking with his ladies. But he didn't stop there... it's also said he consumed 50 raw oysters *a day* to maintain his latin lover escapades. And the most-kept secret about Casanova's aphrodisiacs is the "Black Diamond Truffle". When breaking it down, the Black Diamond Truffle reveals naturally-occurring androstenol, androsterone and testosterone... all of which promote sexual performance.

Oh, and some other aphrodisiacs are the banana, strawberries and caviar.

What (and how) a man can learn about his woman's masturbation secrets... which will... supercharge HIS sex life!

I already discussed this in detail previously. Remember how I told you about watching your partner masturbate themselves? But do you also remember I told you not just to watch... but... to focus and learn all each others' secrets? How can learning what she likes supercharge YOUR sex life? It'll be so obvious you'll kick yourself for not figuring it out on your own.

You see, once she's taught you exactly what she likes... and... you later use it to your advantage... by pleasing her instead of yourself one night... she's going to be so hot, so happy, and so *appreciative*... she's going to want to "repay" you for being a man who finally wants to please his woman... and... knows how to please her... specifically! You gotta remember guys... women just ain't getting what they want. And when you've learned how to please your woman... and... you DO it...

She'll Be Your
Sex Slave!

Don't scoff at what I'm telling you. Try it. You'll like it.

And listen, if you want to put the odds REALLY on your side, go to **www.ShesOnFire.com** and purchase the product advertised on that website. I've "field tested" this product and I guarantee...

It Will Take Both You And Your Woman
To Absolute Heaven!

Chapter 6

Sex And Testosterone

Right off the bat, let's get one thing clear: **I am not a doctor!**

What that means is, taking medical advice from me would be a nutso thing for you to do. Almost everyone who writes about anything to do with a medical subject, always tells you to "check with your doctor before following this or any other diet or health regiment." Is this good advice?

In my opinion, the answer is mostly no.

Why then, does nearly everyone who writes about health include a phrase about seeing your doctor first? The answer is easy:

They Want To
Cover Their Ass!

Here's what I believe: Before you follow the advice in this or any other publication, you **should** see a doctor (a real M.D.)... but... that doctor should not necessarily be your current doctor. Is that strange advice? Consider this true story...

I've been using the same doctor for years. (I'll refer to him as "Doctor Original".) He knows and respects the fact I stay tuned in to a lot of medical research... and... for the most part, he almost automatically writes me any prescription I request.

Well, Dr. Original has become very successful and over the years has built up his practice to, what I believe now is, 14 different offices. As you can imagine, it's nearly impossible to get an appointment with him. Because even **I** couldn't get an appointment with him, Doctor Original suggested I see an associate doctor who works with him.

During my first visit with this new doctor ("Doctor Replacement"), he refused to write me a prescription for something I wanted. He explained, *"I'm sorry. It's just I'm very conservative."*

"No," I replied, *"that's not true. In this case, it's just you are ignorant of the facts."*

Dr. Replacement discussed the situation with Dr. Original who then immediately wrote me the prescription I wanted. I told Dr. Replacement where he could do research on this particular item.

On my next visit to Dr. Replacement, when I asked for a renewal of that same prescription, he

wrote it for me with no hesitation at all. *"Aha,"* I said, *"are you less 'conservative' than you were on my last visit?"*

"No," Dr. Replacement responded, *"I just did the research you asked me to do."*

That man is a good doctor. He doesn't have a closed mind. Many doctors do. If you want to optimize your health, you must seek out a doctor with an open mind. Not a reckless doctor; just one who will treat you as a peer and check out any situations/research/options you might have. Here is an extremely important core truth:

Medical Advances Are Being Made
So Fast Now... There Is Not A Doctor
In The World Who Can Keep Up With Them!

It's not their fault. As a rule, doctors work their asses off. Also, as a rule, they literally have no time to keep abreast of what's new.

As far as your health is concerned, being kept abreast of what's new is your job!

OK, let me lay upon you what many men are going to consider the most important medical advance in history... provided... those men don't have some life-threatening illness which has to be their primary concern.

We are going to start, oddly enough, by talking about menopause.

Menopause starts when a woman stops having her menstruation. It hits her like a brick wall. There is nothing gradual about it. She stops having periods, losses much of her estrogen (the hormone which is responsible for most of her feminine characteristics) and other hormones which are vital to her sense of well being.

She gets "hot flashes." She becomes moody and cranky. She gets depressed. Sometimes, she thinks she is losing her mind. Her interest in sex drastically declines and she doesn't lubricate as she used to. In general, she becomes...

A Truly Miserable Creature!

The physical effects of menopause I just described are horrible. As if that's not enough, men have always (and still do) underate a woman's misery who is undergoing these changes. Men

tend to dismiss all this suffering with an indulgent smile and a fatuous remark like, *"Oh, she's just going through the change."*

'Just going through the change'? Let me tell you something: From a genetic, biologically-imperative perspective, a woman's only job is to produce eggs... and... a man's only job is to fertilize those eggs. When a woman enters menopause, she ceases to produce eggs and, from nature's point of view...

There Is No Longer
Any Need For Her
Continued Existence!

So, nature seems to lose interest in the woman's well-being and (this is just my opinion) start sending that woman "misery signals." These "misery signals" are nature's way of letting her know it might be time to consider the good parts of her life are over... and... it would be no big loss if, right about now, she would cease to exist. (Remember, this is nature's cruel part of life. I would never treat a woman like that.)

A woman going through menopause is not 'just going through the change'... no... **she is going through hell!**

Miracle-of-miracles, along comes Estrogen Replacement Therapy (ERT). Estrogen Replacement Therapy is just what it sounds like: A doctor simply replaces the estrogen a woman is no longer able to produce herself with estrogen produced from a lab.

Perhaps ERT doesn't solve every unpleasant side effect of menopause but, it beats the living shit out of most of them... and... in many (if not most) cases, ERT literally...

Gives A Menopausal Woman
Her Life Back!

Men also go through something that, for lack of a better term, is often referred to as "Male Menopause." This happens as a man's testosterone level declines.

Only with men, this doesn't happen in the blink-of-an-eye as menopause seems to happen with women. So-called male menopause is a much more gradual process. However, in what we now think of as mid-life, many men's testosterone level has declined enough to cause him some real problems... and... the "main problem" men care about is... those rock-hard ("diamond cutter") erections. During this stage of a man's life, they just don't happen like they used to.

Ah, but not to worry because...

We Now Have Viagra!

Viagra is a great product. Pop one of those little blue pills... and... unless you have a fairly serious health problem... **that little soldier of yours is going to stand up and salute the flag just like he used to!**

But, it only treats one specific symptom of a declining testosterone level. It does nothing about the underlying real problem.

Don't get me wrong: Viagra is truly a "wonder drug" which has dramatically increased the happiness of millions of men.

But, we can do much, **much** better!

Doesn't it seem obvious if estrogen dramatically enhances the life of a menopausal woman... giving testosterone to a man who is not a "young Turk" any more will solve many of his problems?

Well, doctors have been giving men testosterone shots for years and, for the most part, the results haven't been all that great. Those shots produce a lot of unpleasant side effects and medical concerns... and... for most men, the rewards haven't seemed to be worth the risk.

This sucks, doesn't it? Menopausal women can mostly recapture the good parts of their lives by taking estrogen (the female hormone)... but... a man can't do the same by taking testosterone (the male hormone). **What a bummer!**

Except...

It's Not True!

As is often the case, what was wrong with TRT (Testosterone Replacement Therapy) was so obvious, we couldn't see it. What has been wrong with TRT in the past was... **how it was being administered!**

Mainly, a man's replacement testosterone was being given to him all at once by shooting him up with a needle. WHAM! A guy with low testosterone gets a shot... and then... all of a

sudden... **his body is flooded with the stuff!**

The results? He gets irritable. More combative. His sex drive does increase... but... only for a few days. Then, the testosterone starts rapidly getting used up and, a few days later, he changes from a raging bull (both in and out of bed) to a weary pussycat.

Listen up: A man's body is not equipped to handle a "sudden flood" of testosterone. That's not the way his body ever naturally produced testosterone. Testosterone, as it is produced naturally by the male body, is secreted almost constantly in much smaller amounts than you get when a doctor shoots you up with a syringe full of the stuff.

Lemme try to explain it this way: You are aware (obviously) you have to eat a certain amount of calories every month in order to function properly. Let's say, in your case, you need about 2500 calories per day. Being the anal-retentive, efficiency freak you are (I'm just kidding, you humorless twit) you decide to eat the whole month's supply of calories (all 75,000 of them)...

In One Sitting!

Yes, you've gotten your entire month's caloric needs all taken care of... in ONE meal.

That would be about as crazy as getting an entire month's supply of testosterone given to you all at once in a single injection. Here's the truth: For what is commonly referred to as male menopause, testosterone replacement really is what's needed... but...

It's Got To Be
"Time-Released" Testosterone!

Guess what? Now you can get time-released testosterone. Here are the different ways it is possible to receive replacement testosterone:

By Injection: **By far**... the worst way to replace testosterone... and... unfortunately, the most common. Why? Remember the beginning of this chapter I told you my true story about Doctor Replacement... how he was ignorant of the newest medical research? Well, the answer here is plain and simple... **the average doctor simply doesn't know any better!**

By Lozenges: Much better than injections... but... usually you gotta swallow one of these suckers three times per day. Also, it will take mucho hassle on your part to find (or educate) a doctor to prescribe them for you. As if that's not enough, it's usually even more hassle to find

what's called a "compounding pharmacy" to make some of these lozenges up for you.

By Testosterone Patches: Almost 100% side-effect free... except... for minor skin irritation. A popular patch is called "Androderm" and almost any pharmacy has it. The patch provides a slow, steady release of testosterone... but... it is possible, in some men it won't get your testosterone level up to as high as it needs to be.

By A Gel: "Androgel" is quite a new product developed by Unimed Pharmaceuticals located in Buffalo Grove, Illinois. It is a gel you smear on your body (like your shoulder area) and it dries in just a few minutes. You can then comfortably put on your T-shirt or shirt just like you normally do. It comes in three different strengths: 50 mg, 75 mg, and 100 mg. It was approved by the FDA on February 28th of this (2000) year. What you wanna bet this becomes one of the biggest-selling products in medical history?

Yahoo!

I'm going to tell you about something I lay odds there isn't a single doctor in the entire county where you live knows about. Check this out: There is (to my knowledge) only one company which is an FDA approved maker of...

A Testosterone Pellet!

These are little gel-like objects implanted by a doctor into the fat of one of your buttocks. Once implanted, the testosterone gradually dissolves and gives your body that natural slow, steady... constant... infusion of testosterone. The embedding of the pellet is a pain-free procedure and you only need to have another one implanted every four to six months. This is, I believe, the "Rolls Royce" of delivery systems for testosterone replacement.

Now, read this:

> "If I told you that one key substance in the body is more powerful than any other health factor, is more closely linked to risk of illness if and when a deficiency occurs, is more misunderstood, more improperly used, and more tragically underused than any other, what would it be? Testosterone! I have studied it, prescribed it, and

watched the responses of my patients -- hundreds of them. I challenge anyone to find a more diversely positive factor in men's health. When normally abundant, it is at the core of energy, strength, stamina, and sexuality. When deficient, it is at the core of disease and early demise.

"Testosterone deficiency has been an unrecognized syndrome that impacts every sinew and cell in the body. It is powerfully linked to nearly every major degenerative disease. Use of this remarkable healing hormone could reverse suffering and prevent early death. My research uncovered a mountain of medical literature that has been basically ignored supporting its benefits.

"I was taught that there was no male menopause and for years accepted that as fact. A series of events in my own health and the discovery that several pioneering physicians held entirely differing points of view changed my mind and transformed my conception of age-related illness and preventive medicine. Until that point, I had seen aging as an unrelenting natural process that it was best to accept gracefully. Preventive medicine was an attempt to treat or modify specific risk factors that, like a sleeping lion, would jump up and bite you later in life.

"My perspective changed dramatically. Clearly, preventive medicine would widen in scope if it turned out aging was reversible. And, to a significant extent, it is. The male menopause, a grim milestone in the middle passage of a man's life, can be rolled back.

"Testosterone decline is at the core of that male menopause (and a key element in the female menopause as well). Naturally, the two sexes have a different experience of midlife menopausal change. In women, there is an explosion of in-your-face symptoms, while

men's very similar symptoms sneak in the back door unexpectedly life a thief in the night. Too often, loss of energy, ambition, sexual drive, and a host of minor symptoms are written off as 'burnout' or depression.

"Women, meanwhile, have already learned that hormone replacement therapy results in reversal of the physical changes of menopause. Men, confronted by an information vacuum, still need to make the same discovery.

"There are, of course, scientists on both sides of the fence. Even after forty years of experience, few subjects engender more emotion and controversy than estrogen replacement for women. Yet the vast majority of studies show a risk-benefit ratio that emphatically favors the camp of hormonal replacement. The considerable literature on testosterone replacement shows a very similar balance of benefit over risk. Keep that in mind and remember that quality of life is clearly the cornerstone of all treatment decisions.

"Why have the subject of male menopause and the advantages of testosterone therapy taken so long to surface? One can only speculate. Perhaps the unspeakable spectre of impotence is at the root of silence. Perhaps it simply takes time for new ideas to rise into the medical mainstream. Old dogmas and clinical habits die hard. It is well for us not to rashly assume that every new nostrum has value, but resistance in the face of overwhelming science has no excuse. To prevent the suffering of many is, for me, a powerful motivator. That is why I wrote this book.

"Resistance will fade. Testosterone therapy has every prospect of becoming for men what estrogen therapy is now for millions of women. The male menopause, a real tragedy in the middle of the

average man, has had its day. I am going to put a stake through its ugly little heart. I promise."

- Eugene R. Shippen, M.D.

You know what you just read? It is the "Preface" of a book you absolutely MUST read! The book is called "The Testosterone Syndrome" and is subtitled, "The Critical Factor For Energy, Health, & Sexuality -- Reversing The Male Menopause." This book was written by Eugene R. Shippen, M.D. and William Fryer. It is published by M. Evans and Company, Inc. located at 216 East 49th Street, New York, NY 10017. The "locator number" (that's what I call it) is ISBN: 0-87131-829-6. It will be very helpful if you are trying to get it from a library or a bookstore. I got my copy from Amazon.com. No matter what else you do in life...

Buy THIS Book!

Here's a little bit of what you have to gain:

- More strength!
- More energy!
- More zest for life!
- "Diamond-cutter" erections!
- Better memory!
- Better mental function!
- Protection from heart problems!
- Less fatigue!
- A positive improvement in mood!

B A slowing and even some reversal of aging!

And so on.

Onward. I'm sure you already know about the importance of exercise and nutrition. One of my subscribers is a guy named Bill Phillips. I have mixed emotions about him (hell, I have mixed emotions about me)... but... my emotions are not mixed at all about what he sells.

Bill owns a company named EAS in Boulder, Colorado. He sells nutritional supplements. He also publishes the magazine, "Muscle Media 2000." Bill has, I believe, put together...

The Best Health-Improving System...
In The World!

Call the toll-free number for EAS and tell them you want to get involved in the "12-Week Improvement" system they are promoting. You're going to get some GREAT info... and... I promise you, if you do what they advise... **your life will improve enormously!**

That's quite an endorsement from me for a company owned by a guy I don't particularly like, isn't it? Look, I can't imagine myself enjoying going to supper with Bill Phillips... but... when it comes to nutrition and fitness...

He IS The Best!

Call his company and buy into their program. There's none better and the number is...

1-888-926-5524

A final word: Would you like me to give you just one suggestion... that... if you follow it blindly... will improve your life more than anything else you can do?

It's not difficult to remember.

It's not difficult to do.

It doesn't require any special clothing.

It doesn't require any special equipment.

Here it is...

As Soon As You
Wake Up In The Morning...
Get Your Ass Out Of Your House!

When you first open your eyes, note the time. You'll probably then want to use the bathroom, brush your teeth and use a warm washcloth to scrub the sleep out of your face. Dress. Put on a pair of walking shoes. Get out the door. Look at your watch and note the time. Now...

Start Walking

After 15 minutes...

Turn Around And
Walk Back Home!

That's it.

Do this every day. When you're home or when you're away from home. This is NOT your aerobic exercise. Don't worry about getting your heart rate up.

Have a contest with yourself to see how quickly you can get the regime down. The part where get up, use the bathroom, brush your teeth, use a warm washcloth to scrub the sleep out of your face, dress including the walking shoes and get out the door. Now, look at your watch and start walking.

This is the way...

You Should Start Your Day...
BEFORE... You Start Your Day!

Do it every day for seven weeks. This simple process will change your whole physical and mental being for the better. I don't exactly know why... but...

I Guarantee It

To Be True!

Arguably, the greatest discovery of this century was that of atomic energy which could be expressed by Einstein's theory of relativity... which was simply... $E=mc^2$. How much are those simple letters "$E=mc^2$" worth? Although they only take up perhaps one inch of space on one line of paper, those simple letters are worth untold trillions of dollars.

If you come across a safe which has ten million dollars locked inside of it... and... you are told a simple 10-digit combination is necessary to open that safe... how valuable to you are those simple ten digits?

The point I'm making is, there are many people who judge the worth or the value of information by the volume or the weight of how that information was delivered to them. Many people think a 300-page hard cover book filled with nothing but gibberish is worth many times more than a 50-page paperback filled with hard-hitting data and advice; data and advice so valuable, it literally changes their lives.

This chapter does not contain many pages. Matter of fact, if you would put this chapter on a scale, it wouldn't even measure up to half-a-pound.

But... on the other hand... I want you to know I have just given you the core facts pertaining to recapturing and maintaining your health which took me several years of research to discover.

If you're one of those people who gives worth and value to information by its volume and weight, you're probably disappointed with this chapter. However, if you're one of those people who gives worth and value to information by its enlightenment and knowledge, you're astounded with the contents of this chapter. You're probably someone (like most of my subscribers) who can appreciate a multi-million dollar idea capable of changing your life found scribbled on a napkin or written on the back of an envelope. The "presentation" of the information doesn't matter... **the information itself is what's vital**.

I could have written 200 pages more in this chapter but, it was pointless. Stripped down of all the mumbo-jumbo, you've got it now. You've got the secret. You now have information which isn't even possessed by one out of a thousand doctors.

It is my heartfelt hope you understand and use this discovery to recapture your youth, health, sexual vigor and vitality. Perhaps someday we can meet in person at one of my seminars and maybe have some fun laughing at the stories we can share of how others didn't believe our true ages when we told them. (I can't count the number of times I've had to show my driver's license

to men and women alike to verify my true age.)

Go get 'em Tiger! Go slow down the aging process... and... regain and increase all the youthful energy, vitality and sexual passion you once enjoyed!

Chapter 7

Sex And Dostinex

This chapter, if you are over 40, is going to change your life.

Dostinex is a prescription drug that's been around for a while. It is used to treat Palsy patients. However, a little-known and harmless side effect of this medication is, it is a real honest-to-God aphrodisiac that makes men incredibly horny.

The way to get this medication in America is to go to your doctor and, since he will know you don't have Palsy, tell him you have "Restless Leg Syndrome". Tell him it's hard for you to go sleep because when you lie down to go to bed, your leg periodically goes into a fit of spasmatic jerking motions. Tell him a previous doctor prescribed Dostinex for you and it took care of the problem. And the new doctor should be able to give you a prescription for the same drug for the same reason.

Something most people don't know is that Viagra is *not* a sex drug. It's a "plumbing" drug. It enables the penis to be flooded with blood and for the valve that permits the two-way flow of blood to the penis to remain closed as long as you are sexually excited. If you take Viagra, Cyalis or Levitra, and there is nothing in your environment to sexually excite you like an erotic magazine, video, CD or best of all... a real woman... you will not get an erection. It will be just as though you took a couple aspirins.

On the other hand, Dostinex works on that section of the brain which increases libido and makes you horny as a goat. It will also dramatically increase the volume and "force" of your erection.

This is the biggest, little-known sex secret in America.

I suggest, if you are computer literate, you put the word "Dostinex" into your search engine and start reading. I think you're going to be amazed.

By the way, Dostinex is very expensive here in the United States. But, it's "dirt-cheap" in Costa Rica and very easy to get just by walking into any pharmacy.

Chapter 8

Sex And PT-141

This (PT-141) is a new medication being developed by a major pharmaceutical company. What you do is, you breathe it in through some sort of inhaler-type-thing.

This has an effect similar to Dostinex... except...

The Effect Is Immediate!

People who have tested this drug say it makes them instantly as horny as a goat. I don't think it will be on the market by the time you are reading this. But, it will be soon.

This is another of those breakthroughs I think you should carefully monitor. I also think (once again, assuming you are computer literate) that PT-141 is definitely a phrase you should type into your search engine and start doing some serious reading.

Chapter 9

The Big Contest

This is going to be the most exciting chapter in this entire book.

As you may already know from reading her website, Julie Paris is a Miami Beach lesbian. Actually, she's bi-sexual but, doesn't feel it necessary to "waste-her-time" with men any more. Julie is the creator of that incredible new product called "Fire Play" that you can read about on her website at **www.ShesOnFire.com**.

Julie's one of my best friends in all the world and I love her to pieces. But, there is one major part of her personality that really irritates me.

I, myself, am a 100% straight man. Julie says my ability to make love to a woman and excite and satisfy that woman pales in comparison to Julie's ability to do the same thing.

I'm sick and tired of hearing this drivel.

So Julie and I have decided to have a friendly little contest. The way it works is, if you are an attractive woman, we will pay your expenses for you to fly to Miami for a short vacation. During that time, Julie will spend one or more nights with you. But the next night or two you will spend with me.

Both Julie and I will attempt to give you the best sex of your life. In return, all we want is you to write a truthful report about your experiences with each of us.

Actually, the reason I want you to have sex with Julie first is because I know with almost 100% certainty... if you had sex with ME first... you'd have no interest whatsoever in leaving my bed to have sex with Julie... or... anyone else on earth!

If you are interested in entering this contest, please send a photograph and a short letter to: Gary & Julie, P.O. Box 402747, Miami Beach, Florida 33140.

My one caveat if you are interested in participating in this contest between Julie and myself is, you should act as quickly as possible. Why? Because it is almost unbelievable how many people seem to be almost desperate to have sex with either one of us.

Chapter 10

Wrap Up

Let's wrap this book up.

There is a MAJOR component of sex appeal I have not yet discussed. Plain and simple, yet a MAJOR component. It's...

Having A Sense Of Humor!

And the truth is, if you didn't realize what I wrote in Chapter 9 was a joke, perhaps your sense of humor could use a little polishing up itself.

For the record, I am 100% completely content with my Costa Rican sweetheart. She is, at least in my mind, the sweetest and most beautiful woman in the world. If you'd like to have a look at her (and you have a computer) you can see her at **www.SirianCostaRica.com**. She and I have been together for almost three years and I hope we remain together for the rest of our lives.

It is my fervent hope every reader of this book ends up having the same type of love, intimacy, companionship and exciting sex as I have with Sirian.

Toward that end, let me sum up everything you've read so far and give you, more or less, an "action" plan for improving your sex life:

#1 If you're overweight, out-of-shape, slovenly, or have a negative personality, you need to work on yourself *before* you start working on getting yourself a woman.

No woman (at least not any mentally and emotionally healthy ones) wants a loser for a boyfriend or a husband. Take care of yourself. Get down to your proper weight. Make sure your teeth look good. Maintain proper hygiene and dress as though you respect yourself. As Sarah Jessica Parker's character said in the last episode of "Sex And The City"... *"The most important relationship is the one you have with yourself. And the best thing possible is that you love yourself... and... you are lucky to find someone else who loves that same you."*

#2 Be pro-active. Don't wait for chance to deliver unto you a "killer" woman. Take the steps necessary to MAKE IT HAPPEN. Write a long, detailed ad and publish it like I did. Start going to places that have male dancers who excite the women audience. Or, if you're really serious and

want to supercharge not only your sex but your love life too, get your ass down to Brazil or Costa Rica.

#3 Stop trying to impress women. Remember, a woman makes up her mind whether or not she would sleep with any man she meets in less than 3 seconds. That doesn't mean she WILL sleep with him... it means she *might*... if the guy doesn't do something to prove himself to be an idiotic bore or some other kind of toxic male.

#4 If necessary, don't be ashamed in any way for any reason whatsoever to use all the pharmaceutical help available today which can enhance your sex life. With Viagra, Cyalis, Levitra, Testosterone, Dostinex, PT141 (and all the advancements being made daily), you'd be a fool to allow yourself to be substandard sexually due to chemical reasons.

#5 Take care of your health, damnit! All the drugs and advice in the world won't help if you won't get up off your lazy ass and do a minimum amount of exercise every day. Women don't like unhealthy men. They don't necessarily want you to look like Mr. America but, they at least want you to look good enough to demonstrate you respect yourself.

#6 A pivotal key to peak sex is communication. After your love making sessions, both you and your partner should talk about the parts that were good for you... and... yes, even the parts that weren't so good. Then, you need to go through a constant process of editing and refining so you and your woman are only providing each other with all the stuff your partner really loves... and... none of the stuff your partner finds boring or distasteful.

#7 You've read a lot of explicit sexual techniques in this book.By all means, use them as an explorer attempting to expand your horizon. But know this: There is no sexual turn on in the world as powerful as having a partner who is extremely enthusiastic about having sex with you. I'd rather have an inexperienced... but highly enthusiastic lover... than the most sexually-sophisticated woman in the world. Nothing replaces enthusiasm, consideration and respect.

#8 Conduct your life in a way that makes you feel good about yourself. The better you feel about yourself, the better other people will feel about you.

#9 An illustration of the proof of what I just wrote in #8 is this: Two guys

meet the same woman on the same night. Both of them ask her for a date. She tells both of them, in effect, 'to eat shit and die.' The guy who is a loser will walk away asking himself, 'gee, I wonder what's wrong with me?' The guy who is a winner will walk away asking himself, 'gee, I wonder what's wrong with her? She must be having a bad day or maybe it's her time of the month or something.'

#10 Nothing is as sexually attractive to women as confidence. A truly confident man can be hideous looking and still have the most attractive women in the world salivating for him. If you don't believe me, take a close look at Mick Jaeger.

#11 Here is the biggest secret of all. You should write this down and then tape it to your bathroom mirror:

Action Is The Antidote To Despair!

What that means is, more answers and solutions to all of life's problems will be found through movement... than... will be found through meditation. I believe, if you are at Point A and want to get to Point B, you will encounter X number of mistakes. My motto is, let's start making those mistakes.

Almost every man is nervous when he is approaching a new desirable woman. But, there are two ways you can handle fear: (1) You can be afraid and frozen... or... (2) Scared and moving. The real secret to having a successful sex life (or to having success in any area of your life) is to get out there and work at it.

#12 Earlier in this chapter, I explained how I am completely content with my Costa Rican sweetheart. And how she is, at least in my mind, the sweetest and most beautiful woman in the world. Perhaps I should add that my relationship with her is 100% monogamous. However, although I cannot prove it for sure, just in case it might be of interest to you, I think Julie Paris is secretly a full-blown slut.

#13 Finally, stop taking all of this so seriously. Believe it or not, if one day you have a premature ejaculation or have difficulty achieving an erection or fail to satisfy some woman... believe it or not... this is NOT an event

of earth-shaking importance. These kinds of events are just little road bumps in the highway of life. The sooner you learn to develop a sense of humor about little problems like these, the sooner you will be on your way to overcoming them and carving out for yourself an existence that is chock full of peace, joy and excitement.

That's it folks. I hope you enjoyed the book.

Appendix 1

Stuff I Promised
I'd Include At The End
Of This Book



THE GARY HALBERT LETTER

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Special Double Issue

From:
Costa Rica, L.A. and Miami
All Hours of the Day and Night

Dear Friend & Subscriber,

Please ignore the photo on the left side of this page.

It has nothing to do with anything and it will just distract you from the important message I want to deliver to you in this double issue.

So, let's get started. I've got some electrifying news to tell you if you want to...

Stop That, Damnit!

I told you! Ignore that photo!

Hey, wait a minute! Maybe it's me having a hard time ignoring that photo.

Please accept my apology. Tell you what. Let's continue on page two where we can focus without having to deal with this irritating distraction.

Ah! That's so much better!

Look, for many of my readers, this is going to be the most life-enhancing issue I've ever written.

Other readers will find it a bit amusing and only mildly-interesting.

Still others (I'm sure) will be enraged by this issue and write me "bitch" letters... which... my Trusty Assistant Theresa will interrupt and destroy in order to protect my fragile ego and delicate emotional balance.

Whatever. I'm going to begin by republishing a relatively small portion of a newsletter I wrote six years ago:

From:
Miami Beach, FL
Friday, 9:08 a.m.
June 30, 1995

Dear Friend & Subscriber,

Not that you should care... but... I no longer have a woman in my life.

I'm terrible with women. In spite of my advanced years, there have been very few members of the opposite sex with whom I've had a "serious" or even semi-serious relationship.

They've all gone bad. And, it was never my fault. Not even a little bit. It was always "them" who ruined everything.

The last one, the one that just ended was with a lady who is blond, pretty, slim, (she exercises like a fiend) and extremely intelligent. An upstate and a "city" New Yorker. A graduate from Syracuse University with a bachelor's in psychology and a master's in special education. Worked with abused children for about eight years until she couldn't handle it anymore. Loves classical music, got me to love it too. Was delighted when I called her on my cell phone from Pavoratti's magnificent concert here in Miami Beach. She wasn't home but, when she got back to her apartment... there was Luciano himself singing live on her answering machine.

Magic.

Sadly, this woman (even after a full year of exposure to me) has not found it within her to accept the simple and obvious truth that Gary Halbert is "the man who should always get his way."

The last "sort of" love of my life (before the aforementioned bull-headed pit viper) was a young southern girl who was beautiful inside and out. I remember when I brought her back to Key West how she sat on the plane in her little

southern dress, wearing a funny, little southern hat... and... reading her Bible all the way to make sure God wouldn't let the plane go down.

Truly special. She had a "sweetness of soul" and a "goodness" which I've only seen in one other woman. (Paulette Teta.) She was as slender and pretty as a flower. I say "was" because she was murdered about a month ago. Stabbed 14 times in one of the most hideous acts of violence of this decade. But, of course, the guy who did it was not O.J., Sherry Pierce was not Nicole Simpson, and so, I guess this "Life Interrupted" (at age 29) was of comparatively little consequence.

Not to those of us who were blessed by knowing her, though.

And then there's Paulette herself who is now married to an Episcopalian priest. How can that be? How could any woman abandon me, a gentle man of tact and delicacy for what I would assume to be a blunt, mean-spirited and socially indelicate man of the cloth? Actually, I'd bet just about anything he is, in fact, a wonderful man. He'd just about have to be to capture the heart and soul of someone as special as Paulette.

Congratulations to the both of you. I mean that from the bottom of my heart. Go with God and never cease to value and cherish each other.

Then there was Nancy, Loretta, Arlene, Christine and all the others who didn't deserve me. It's all so unfair. Therefore, I've made the only intelligent decision I can think of... which is...

I'm Finished With
Women Forever!

I've decided to become a pro at self-pity. I love to feel sorry for myself. And fortunately, I've found some help with this. I've come across a book which has become my personal Bible. It's called...

Meditations For Miserable People
(Who Want To Stay That Way)

This book helps me stay centered on the true nature of my being. It contains invaluable insights which I now totally embrace. They have become so much a part of me now, that these thoughts pop up automatically anytime I start to get off base:

- ☹ If I let go of the feelings which cause me pain, I would have no feelings at all.
- ☹ When God shuts the door, He opens a window... then pisses out of it onto my life.
- ☹ I deserve true love... even if it costs me $3.99 a minute.
- ☹ The first step in finding God is accepting His presence and the fact He's just ignoring me.
- ☹ If I am honest with myself, loneliness and despair are easily

within reach.

- ☹ *(Here's my favorite):* A new day can begin to suck at any time... like right now, for instance.
- ☹ Life is best measured one miserable failure at a time.
- ☹ Jealousy is wanting what others have. Stupidity is thinking I might one day get it.
- ☹ I have no "significant other" because I myself am insignificant.
- ☹ By writing my fears down on paper I will see not only I am afraid of everything but I also have bad penmanship.
- ☹ Life isn't over when we die... it's pretty much over right now.
- ☹ Opportunity is nothing more than discovering a new way to fail.
- ☹ Everyone makes mistakes, especially the people who think I have a life.
- ☹ Painful feelings don't last forever. They're simply replaced by more painful feelings.
- ☹ God isn't saving the best for last, He's saving it for someone other than me.
- ☹ The ending of one failure is nothing more than the beginning of another.
- ☹ Inside every problem lies the seeds to even more problems.
- ☹ Being willing to ask for help is the first step in realizing no one wants to help a loser like me.

And so on. There is much more truth and wisdom in this book. I highly recommend it. It was written by Dan Goodman, published by St. Martin's Paperbacks, costs only $7.99 and it's in all the big bookstores. Get it. *It can help you be more like me!* By the way, the final page in this wonderful, little guide to life offers up a true gem. Here are the words I now live by:

"God grant me the serenity to accept
the things I cannot change, the courage
to change the things I can, and the wisdom
to know I really can't do either."



And, there I was. Feeling lower than whale shit. Defeated. Womanless. Lonely. Engaging in "pity parties"

causing all who knew me to avoid my morbid ass as much as possible.

What has happened to me since then? Have I ever enjoyed the comforts of another woman? Have I simply "done without" for six long years? Has there been or is there *any* hope for me?

It is an interesting story and I'm going to tell it in a roundabout way. We shall begin with a geography lesson: Imagine a country which is slightly smaller than West Virginia. It is a place of breathtaking beauty. The country has five distinctive climactic zones. If you visit the primary city (San Jose), you will enjoy *perpetual spring*. Because it's a narrow country, if you take the short drive from San Jose west to the Pacific Coast... or... east to the Caribbean Sea, you will enjoy *perpetual summer*. You can take guided rain forest tours where you hike part of the way... and then... the rest of the way, you swing from tree-to-tree through the canopy of the jungle like a modern-day Tarzan.

People who've traveled the entire globe say the beaches of this country are incomparable. Quite possibly, the beach at Manual Antonio is the most beautiful in all the world.

Steep sloped mountains, topped by cloud forests rife with ferns, exotic vegetation and wildlife tower over fertile farmlands dotted with hundreds of neatly maintained homesteads. Flowers bloom everywhere. Often, trees bear so many scented, colorful blossoms... the actual leaves of the trees are almost 100% hidden.

This small country has more species of butterflies than the U.S., Canada and Europe combined. It has "friendly" volcanoes you can visit which provide natural fireworks on an almost daily basis (they often occur nightly as well) which are nothing short of awe-inspiring. This country is the home of monkeys, ocelots, iguanas, leatherback turtles, and more other varieties of wildlife and natural attractions than you can count. It is pure heaven for obsessed bird watchers.

In Short, This Small Country Is,
Quite Possibly, The Most Beautiful
Country On The Entire Planet!

And, the people are different from any other people I've ever met. They are not ass-kissers... but... they have a natural inbred courtesy which makes me wonder (coming from Miami) if the plane I arrived on has landed on a different planet.

But, I am assured, my plane has, in fact, landed on the verdant country of...

Costa Rica!

Enough geography. Let's move on to a little history of these people: In days gone by, Spain sent ships to different lands to claim as their own... and... to enslave the populations they had conquered. Their SOP was to first baptize the natives, and then, make them work as free labor on the plantations the Spanish would create. Here is my translation of the Latin words used in the Spanish baptism ritual:

"I hereby baptize thee in the name of the Father, the Son and the Holy

Ghost. Now, get thine ass over to yonder coffee plantation and start working 14-hours per day for free. And remember...

Jesus Loves You!"

Costa Ricans, for some odd reason, considered this to be a situation which sucked. They simply weren't interested in tilling the fields and doing other slave-type jobs for the pink-faced Spanish intruders. Since the Spanish conquistadores enjoyed military superiority over the peace-loving native Costa Ricans, the latter simply withdrew deep into the rain forest where the Spaniards couldn't find them.

This left the Spaniards in a predicament they didn't care for all that much. Instead of being able to lord it over work-gangs of laboring peons, the Spaniards were forced to work the land themselves. This required mucho (that's Spanish for "much") manual labor on their part and living a marginal, hard-scrabble existence on small family-run farms.

Not at all what the Spaniards had in mind when they set out to conquer the new world.

Because of this situation, all these Spanish "conquerors" became equal in their own struggle for existence. Even the Royal Viceroy (whatever the hell that is) had to raise his own chickens and work his own garden in order to survive.

So, after a visit much shorter than they intended, the Spaniards left Costa Rica and journeyed on to other lands... where... the indigenous population was less resistant to being baptized and turned into slaves.

Eventually, Costa Rica was dotted with small farms (mostly coffee plantations) which were either owned by Costa Ricans themselves... or... other nationalities willing to pay the Costa Rican natives a fair wage to work for them.

Costa Ricans are truly unique. They don't like to fight (they abolished their military in 1984) and they avoid confrontation. They don't have much of a work ethic either and do just enough to get by.

As I mentioned earlier, Costa Rican people, both men and women, are the politest people I've ever met. There is almost no violent crime in their country (but, petty theft <u>is</u> endemic) and slums are non-existent. But because CR's do just enough to get by, there is a lot of extremely low-income housing.

But here's what I consider the greatest thing of all: Costa Rican men (Ticos) are non-aggressive, peace-loving, polite and courteous... and with the exception of lunatics in other (insane) nations who think it's OK to throw acid in a woman's face...

Costa Rican Men Are The Worst Husbands On Earth!

Let me explain why I made that last statement: You see, a typical CR marriage evolves like this: A CR man starts screwing a young CR woman and keeps at it until he gets her pregnant. Then, he marries her and knocks her up again. He forces her to care for him, the children... and... the wife must go get one or more jobs outside

the home. Then he (the CR husband) takes all the money, goes to bars and spends it all on beer (there's only one brand in Costa Rica) and makes an avocation of screwing other young women.

In spite of this, divorce is uncommon. The vast majority of Costa Rican women (Ticas) simply accept this situation as their fate. They live out grindingly-difficult lives, enduring incessant work and unfaithful spouses.

But a small percentage of these wives, the best of them, the crème de la crème, won't put up with this shit. They divorce their husbands and make do the best they can. They hope against hope they'll somehow meet a halfway decent man some day who will carry at least 1/2 (or 1/3... or 1/4... or even 1/8) of his share of the load... in return... for being treated like a king. But, for most of these Ticas, this just remains a far, distant dream.

Therefore, it is my opinion, this small pool of divorced Costa Rican women make up... the best "target rich" environment... on earth... for a single man of quality... to meet and live out his life with...

A Woman Of
Truly Astonishing Substance
And Beauty!

Look, almost any man can go to Cuba and hook up with (and marry, if he so desires) a young, beautiful woman. However, that young woman will be *so desperate* to get out of Cuba, she would have agreed to marry almost any foreigner. That's not very flattering, is it? Do you really want to marry a woman who merely "endures" you because you were her "ticket-out-of-poverty"?

Besides, after you get her over here, it'll only take 18 to 36 months for her to become "Americanized," start talking about a divorce... and... demanding (as Eddie Murphy puts it so eloquently)...

Half!
I Want Half!

Just wanna get laid? Go to Brazil. There are legions of drop-dead gorgeous female sex fiends who just want to party. They don't want you to take them away from their lives. They love their country, love their lives, love having sex with multiple partners, love to party... and... the idea of settling down with just one man has very little appeal to them.

That's fine. Even *great!* In fact, if you are in a certain place in your life (as I once was) Brazil and the women there are *heaven!*

But, if you're beyond all that... if you want something exciting... and... *substantial*...

Get Your Ass
To Costa Rica!

Let me tell you about one of these Costa Rican women...

She's a Costa Rican woman who refuses to be treated shabbily. So, instead of enduring a slimebag husband who left her with a new baby to support and truly bleak prospects for making a living, she made up her mind her baby was going to want for nothing... and... she decided to work 18-hour days if necessary. Here's how she has managed so far:

* She has become a minor television celebrity. She is on Costa Rican national TV on channel 10 twice a week. She is one of the two lottery girls who roll the wire cage which holds the ping pong-type lottery balls, when a ball drops out of the cage, she plucks it up, holds it so the TV camera can see it and reads the number.

* She has become a runway fashion model and also appears in more mundane promotions such as those promoting a cooking oil or some other consumer product.

* She started a business she runs with her brother which uses a computer to make banners and signs for various businesses.

* She began making frequent trips to L.A.'s garment district to purchase Levi's, women's slacks and blouses. She would then sell these to friends in Costa Rica to cover her expenses and make a small profit. Can you imagine traveling from Costa Rica to Miami, catching another flight to L.A., making your way to the garment district to buy a few clothes... and then... flying back from L.A. to Miami, switching planes in Miami to fly back to Costa Rica... *all this work*... to make a profit of maybe $400?

Anyway, I'm going to let you have a look at this beautiful creature while she's still naive enough to be in love with me... and... before she finds out what I'm *really* all about and drives a spike through my heart.

There's another reason I'm publishing these photos... but... that can best be explained after you've had a look at them. Here's a summary of the photos which start on the next page:

Photo #1: This is a simple head and shoulder shot taken just minutes after she stepped out of the shower with almost no make-up and she hadn't even bothered to towel dry her hair. By the way, I think someone bribed some of the judges at the Carisma Latina Internacional in the year 2000 (the only year she entered the Costa Rican pageant in which Sirian did not win first place). Then again, my opinion is probably less than 100% objective, isn't it?

Photo #2: A simple shot of Sirian sitting on a chair wearing my black leather jacket and black jeans.

Photo #3: This one bears a little explanation: Remember the personal ad I ran years ago that got so much attention? In that ad, I described myself as a very average-looking guy who wanted a gorgeous woman who would take my

breath away in a string bikini. Well, a lady friend of mine once asked me, *"Where do you get off describing yourself as an average-looking guy who deserves a spectacular-looking woman?"*

To which I replied, *"I may not deserve it... but... I'm going to hold out anyway until I get it!"*

I guess this last picture, the thong lingerie photo taken from the back will enable you to make up your own mind as to whether I got what I was holding out for... or not.

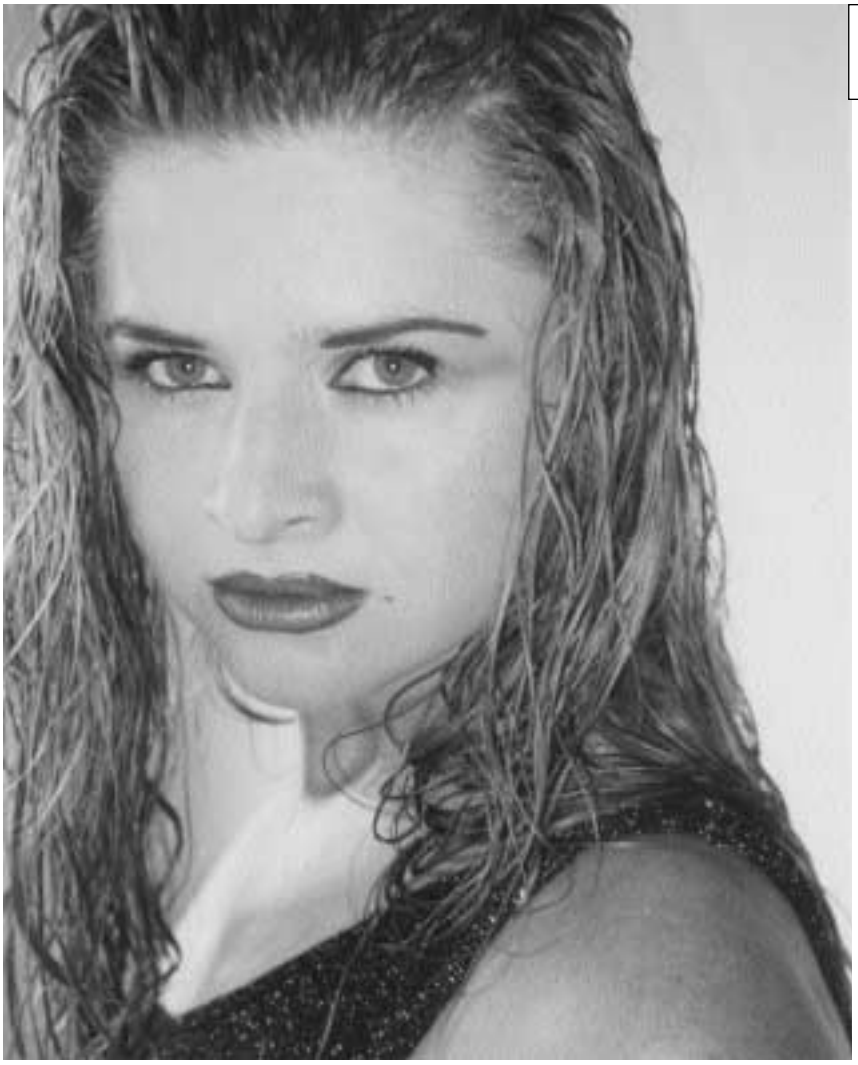


PHOTO #1

Sirian Piedra Quesada

Elejda La Mujer Mas Bella De Centro America 1998, 1999, 2001 Por Carisma Latina Int.

("Voted The Most Beautiful Woman In Central America 1998, 1999, 2001 By Latin Charisma Int.")

PHOTO #2





PHOTO #3

By the way, since these photos are all black and white, they aren't as striking as they would be if you could see them in full color. For the record, Sirian has fair skin with great tan lines. Long, natural golden blond hair. And eyes that are "rain-forest" green with mysterious hints of other colors which make me feel as though I am looking into the eyes of a jungle cat... which... may be ready to either nuzzle me affectionately... or... bite my head off.

Sirian's favorite book is *The Little Prince* by Antoine de Saint-Exupéry. Written in 1943, it is sort of a children's book written for adults. The bare-bones summary of this book goes like this: *An aviator whose plane is forced down in the Sahara Desert encounters a little prince from a small planet who relates his adventures in seeking the secret of what is important in life.*

Sounds childish and, it is. It's also one of the more profound books I have ever read. It's no wonder it's still in print, been translated into so many different languages and, has become a classic. This little book is published by Harcourt, Inc., 525 B Street, San Diego, CA 92101 with another office at 15 East 26th Street, New York, NY 10010. I highly recommend you get yourself a copy and read it.

Here is my favorite quote from this small, classic book:

> *"Here is my secret. It's quite simple. One sees clearly only with the heart. Anything essential is invisible to the eyes."*

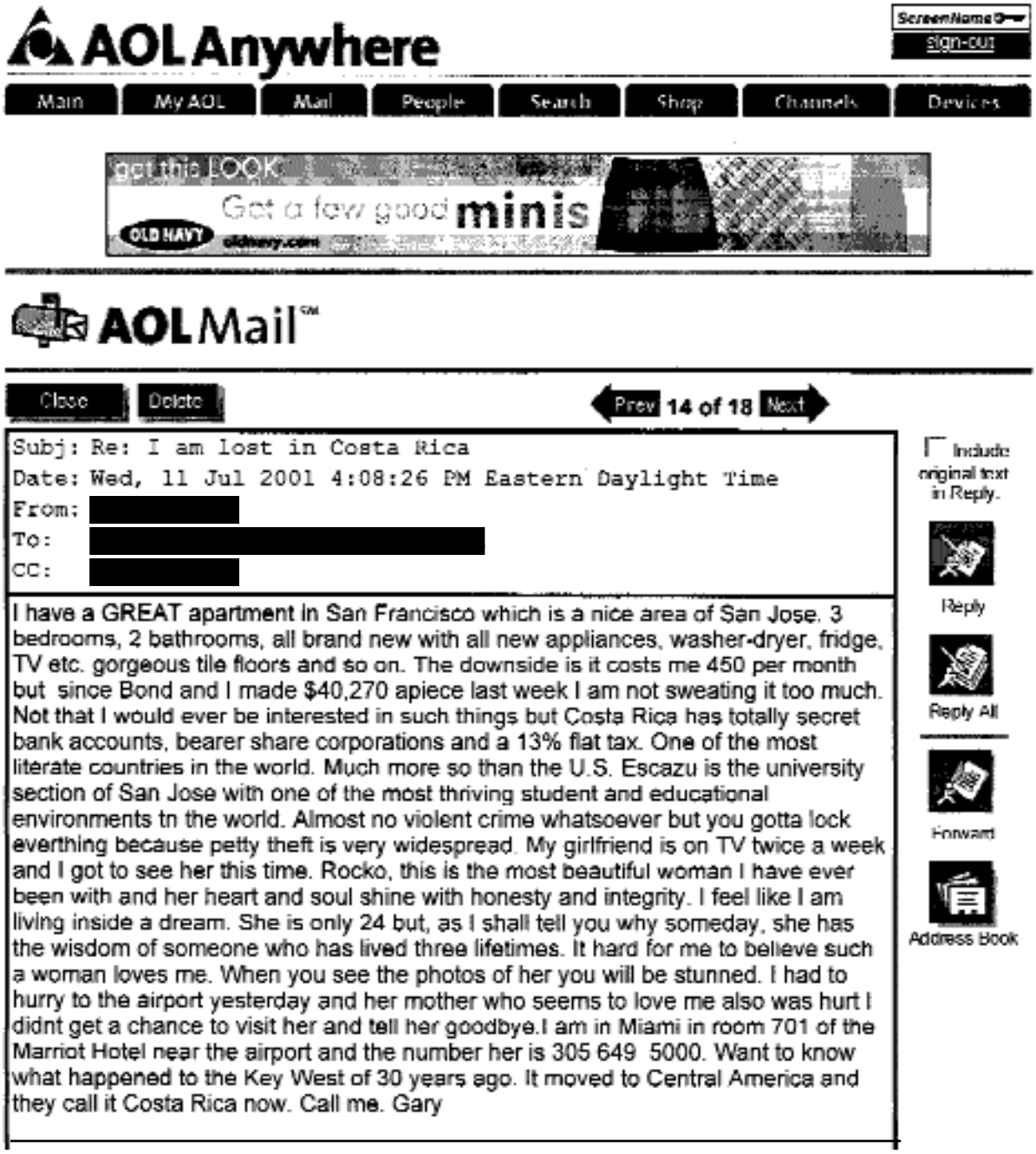
In my opinion, the woman I've been writing about has the most beautiful heart I've ever seen. Her exterior isn't all that bad either. I'm ashamed to say it but, if she weren't so drop-dead good looking, I might not have paid enough attention to her to see her *real* beauty.

I'm glad I did. I hope to spend the rest of my life with her. Will that happen? Hell, I don't know. It seems to me I don't know much of anything any more. But, I'll tell you what. I've got an advantage with this woman I've never had before. You see, Sirian speaks a little English and I speak a little (poquito) Spanish... and... both of us are getting better at it every day. However, we are both a long way from being fluent... and... that means...

It Will Be Longer Than Usual Before
She Completely Comprehends What
A Scumbag I Really Am... And...
Drops Me Like A Hot Potato!

Hmn? Maybe there's some way I can slow down her learning process?

Anyway, I wanted to let my friend Rocko in Key West know what's been happening with me so I sent him an e-mail. I'm reproducing it on the next page so you can read it also:



So, what's the point of all I have written and shown you in this newsletter? Just this: I've never been even remotely conventional. However, I find less to resonate with every day here in America. I almost never see a

married couple... or... even a boyfriend/girlfriend relationship these days where they seem remotely happy. Most relationships between men and women now seem adversarial. At best, they are quietly endured. Almost never are they joyous.

It seems to me me almost no one in America cherishes people like they used to. I think things have changed. I think it wasn't always this way. But the pace, the economic pressures of life, the constant struggle for more... more... more, the overall sense of loss of empowerment over our own lives has hardened our hearts. We have zippo left to believe in. Our priests are pedophiles. Our presidents are thieves and soulless opportunists. Our jobs and careers are insecure. Our media feeds us a constant barrage of misinformation.

We've lost our souls. We long for stability, simpler days, some semblance of security, someone... *anyone*... we can rely on... especially when it comes to a life partner.

I can't find one in America. This, I think, is also true of millions of other people... both men and women.

But, I've found a place right here on this very planet where a *guy* has at least a fighting chance. If you are a single man... or... terminally unhappy with your marriage... *please*... take my word for it... visit Costa Rica. It's only a 2-hour and 20-minute flight from Miami... and... that flight might just change your life.

Before you go though, get yourself a copy of *Choose Costa Rica For Retirement* by John Howells, published by The Globe Pequot Press (in Guilford, CT 06437). This is must reading. Also, subscribe to and order some back issues of *The Tico Times* which is Central America's leading English-language newspaper. To subscribe, simply call 0l1-506-258-1558.

Spend a few hours reading the materials I've mentioned in this newsletter. Then, book yourself a flight to San Jose, Costa Rica. Check out the country... and... the people. Why?

It Might Change Your Life!

Sincerely,

Gary C. Halbert

Gary C. Halbert

P.S. I know a lot of my readers are going to be offended by this newsletter. However, I also know it will change a few of their lives (immensely) for the better. If you can do it, it's worth everything you've got to find your very own "Sirian."

By the way, that is, of course, Sirian's photo on the first page of this newsletter. It was taken (by me) without her knowledge and it has not been retouched or "morphed" in any way. Her legs *really are* that magnificent.

Peace.



And, who could *this* beautiful little lady belong to?
(Hint: She is also a native Costa Rican)

Appendix 2

Something I Think Both You And Your Woman Should Know About:

It Has Been "Field Tested" By Yours Truly... And... Trust Me...

It's Great... Even For Women Who Don't Need It!

How Even A Plain-Looking Woman Can Make Herself 350% More Sexually Attractive To Almost Any Man On Earth!

If you would like to be a woman that nearly *all men*... just can't resist, this is going to be the most important message you will ever read.

Here is why:

Let's face it... almost *any* woman can get a man to have sex with her. You don't have to be pretty. You don't have to be sexy. You don't have to have a great body. Basically, you just have to be a woman who will say "yes" and *thousands* of men will have sex with you.

Once!

But, what if you want that same man to call you for another date? Well, that might NOT be so easy. But, what if there was a way to make sure... *almost every man*... wanted to go out with you again?

Better yet, what if there was a way to make having sex with you... *so fantastic*... the man you are interested in... couldn't even think about another woman? What if there was a way to make having sex with you... so good... a man would do *anything*... *even marry you*... to keep you in his bed?

Well, guess what? Now there is a little-known way you can turn almost any man into your 100% sex slave...

No Matter How You Look...
How Old You Are... Or Even...
How Much You Weigh!

Don't laugh. It's really true and, to prove it, I'm going to tell you a story. This story starts in Asia about 2,000 years ago. Back then, there was no such thing as women's liberation. No such thing as women's rights. The only power a woman really had (to get what she wanted) was the power to attract and keep a man. And unfortunately, back then, just like it is today...

Most Men Are Sexually Attracted
To Very Young Women!

Why is this? To answer that question, I have no choice except to tell you something no one

wants to talk about publicly. Even most doctors won't tell you this but, the truth is... *young women are most likely to be extremely tight!*

Maybe you don't like that. Maybe it's unfair. But the truth is the truth. These young women haven't yet been "loosened up" by age, childbirth, hundreds of sexual experiences or anything else that causes them to lose what some people call that "honeymoon fit".

Why is this so important? The answers are easy. A woman with a very tight vagina increases a man's ego by making him feel he has a much larger than average penis. (And, almost all men secretly worry about the size of their penis.)

A tight vagina makes a man feel every inch of his penetration. It stimulates every single nerve ending in his genital area. It literally causes a flood of sexual energy and ecstasy all over his body. Once a man has had sex with a woman with a truly tight vagina... *all he will be able to think about*... is having sex with that same woman again.

But, most women eventually lose their "teenage" tightness. Nature takes its toll on everyone. However, a certain (very small) group of very clever women... over 2,000 years ago... discovered...

How To Reverse Vagina Aging!

And these women became the most powerful on earth. They married the richest and the most powerful men. If their husband was a king, it was the woman who controlled the king. You see, a woman who is old enough to know how to give a man extremely good sex plus has a tight, moist, young-looking vagina, has an enormous advantage over every other woman.

It doesn't matter how beautiful the other woman is. It doesn't matter how sexy her body is. It doesn't matter if she has big or small breasts. It doesn't matter how interesting she is or if she has a high I.Q. The truth is, a woman with a young, tight, "velvet glove" vagina will get the man every time.

What did these special women discover 2,000 years ago? It was a cream. A cream which has been a closely guarded secret for all those years. What this cream does is:

- It tightens the vagina and the muscles in the surrounding area!
- **It increases a woman's sexual desire!**
- It slows the menopausal process!

- **It totally eliminates the need for vagina tightening surgery which is the fastest growing (and one of the most expensive) medical procedures being asked for by women today!**

- It restores the natural elasticity of the vagina!

- **It *dramatically increases* the intensity, frequency and quality of a woman's orgasms!**

- It maintains natural color and a "teenage" appearance!

- **It acts as a lubricant with a fresh, clean scent!**

This product is called "Virgin" and it is based on a secret herbal formula that is 100% safe and natural. The main ingredient is Aleppo Oak Galls (AOG) that has been treated with a secret process. It has been used for centuries by the most powerful, the most successful and the most highly-desired women in Asia.

And, now a Malaysian biotech company owns the rights to this secret formula and is selling it to the women of the world with...

A Full One-Year
Money Back Guarantee!

If you are unhappy with this product for any reason, just send back the empty product container (any time within the next 12 months) and get a full and immediate refund with no questions asked. *This product works!*

You Can Order By Credit Card... And...
Your Order Will Be Shipped By
First-Class, Priority Mail...
Within 24-Hours!

It's easy to order and it only costs $55.95 plus $4.00 shipping and handling. All you have to do is use any of your credit cards and call **1-305-372-5040** and tell the nice lady who answers you want to order **Product #87**. (That's #87.)

Thanks for reading.